

Case 9 : Voice impairment for a singer

The person and Complaint

A lady age 40 years old presented with voice impairment. She blamed it on the herbal hormonal tablets that she started taking two to three years ago. She felt at certain time of the cycle, she could not sing well.

The Story and Emotions

As a child she has suffered guilt, shame and humiliation . She had difficulty expressing her opinion to her partner. She fear lack of financial support in the future.

The Energetic System

She was blocked in her throat from her childhood and also from her current relationship. Her sex chakra was also affected as it is a reflection of her throat .

Treatment

First Session

Release work was performed over her throat as Follow

I release being humiliated.

I release being guilty

I release shame

I release closing my throat

After that release work was done over her heart as follow:

I release being frustrated

I release being angry

I release being hurt

I release being disappointed with life.

She was then grounded. Huge release was experienced during the session. She felt a huge shift in energy . She broke into tears for half the session. Resonance was done for fifteen minutes on stomach 9 too.

Second session

Release work on her sex chakra (reflection of throat) was done to release:

1) Guilt

2) Shame and humiliation

3) Relationship with family members, partner and friends

4) Letting go of closing sex .

Resonance was done from chesed to geburah for 20minutes then st9 was opened using resonance for 20 minutes.

Result

Following two sessions, she returned to let me know that her voice has improved and her throat is relaxed now and it was really a good experience. She could sing better.

