

Case 8 worry , bleeding gums!

GB age 32 , female with anxiety and bleeding gums . Has had regular dental check up with no particular medical diagnosis. !

This has been happening for many months particularly during university exams time(over concentration stressing Spleen) !

Emotionally she has constant worry and obsession with responsibilities !

My diagnosis : liver spleen imbalance , with the classic presentation of wood invading stressed earth !

She also had slight swelling oedema at extremities and eating disorders (food sensitivities, history of anorexia) consistent with Stomach and Spleen and liver imbalance !

First Session: Treatment : liver flush !

Second session began opening ST 4s , then !

lung meridian on hands (LU /SP up down tai yin pair) and SP and St meridian on legs !

Bleeding stopped after second session!

She continued with some more sessions to manage exam stress and remains well !