

Vision Issues, 66, Male

The Person & Complaint

Client started seeing stars out of the corner of his left eye about three weeks prior to seeing me. It started as intermittent and then became constant. It looked like shooting stars at night. During the day it looked like a hair that ran down his eye. Client has always had dry eyes and wears glasses. Client also has dropped arches. Client also has a back pain that had started about 4 weeks prior to seeing me and the pain was around his right kidney.

The Story & Emotions

Client has a stressful job of driving a school bus and farming. He has been dealing with a lot of family stress as well as financial burdens. The major emotions he is feeling are fear, dishonor, and pissed off. His sister-in-law died of brain cancer around the time it started. His daughter is in an emotionally and mentally abusive relationship and had just gotten pregnant with her second child. He really doesn't like her husband and the way he is treating her. Client is my dad who didn't have health insurance at the time and couldn't afford to go to the doctor. I did some research and connected the stars and hair in his sight with being a retinal issue. The gel behind the retina liquefies and causes the retinal to separate. If something like this persists the retinal can tear and surgery is needed. I realize that it wasn't an ideal situation to treat without him seeing a specialist first but because of his insurance situation and our relationship I was willing to try and help with Acu.

The Energetic Body

I know that the kidneys are strongly related to retinal issues and there needs to be a good flow of kidney and heart energy to the eyes for the retina to work properly. He also had a block in his bladder channel as well as the sacral center. His gallbladder channel and most of the points around his eyes were also blocked.

Session 1

I started at BL1's bilaterally to his right kidney. Pretty quickly he got a headache on the right side of his head. I added in BL2's to his right side and the headache subsided within 5 minutes. Thirty minutes after I started working on him the shooting stars were gone and his back pain was gone. I had another family member who interned for me and I had them work on K1's for the next hour. We ended up getting some decent flow into his kidney but BL1's didn't get a flow. K1's got a flow and he felt the adrenaline coming down his legs and then out his feet. I said the stars would probably come back because we didn't get a flow in BL1's.

He said his back pain came back by morning the day and shortly after that the stars and hairs came back too. I had my intern work on his BL1's for 45 minutes and he said that his eyes felt better after that and he only had the stars come back a few times over the next few days.

Session 2

I started with BL1's to his kidney organ. Both seemed really weak. He got a headache right away again so I had my intern go to BL67's and the kidney little toe point. We started talking about emotions and he mentioned the cow market and how frustrating

that has been and then I went to GB1's in addition to BL1's on the left eye and almost immediately the headache got better. That cattle market crash happened a few weeks after the symptoms started. I had a feeling there was something else blocking his kidney so we kept talking and he remembered that his pregnant daughter was having a really rough time with her mentally and emotionally abusive husband at the time his back started hurting. His son-in-law did something that made my client want to take a baseball bat to his son-in-law's head because of the way he treated his daughter. He was so pissed off and felt like it was out of his control. He couldn't believe someone would treat another person like that. I had my intern (my mom) go to his throat and kidney center. He then remembered that this was similar to the feeling he had years ago when he found out a different daughter had been sexually abused by her teacher in elementary school. He would then have to see this abuser around town. The abuser would say hi to him and he would be so pissed off he couldn't speak. I had him go back to that feeling and feel it so he could release it. It was a paralyzing anger that he was able to let go. I had him feel the feeling that happened recently with his son-in-law too and after that his right kidney got good flow. His eye points finally felt like they had energy in them and were releasing. I checked his occiput to see how that felt as well as his crown and GV20 point. His headache came back and I felt it in his GB channel again and worked it out quickly.

Session 3

I saw him 3 days later and his back pain came back but switched to the left kidney and his eyes continued to have hairs in them about 4-5 times per day but no stars. I continued to work on bilateral eye points BL1's and BL2's and GB1's as well as Liver eye divergent point. I had my family member working with me and she was on the left kidney to BL67's/kidney little toe points. I also worked on his occiput and base to make sure they were moving. We got movement in all of the points and connected his eye points to his kidneys.

Session 4

I was able to see him 4 days later and his back pain came back but on the right side again and he was having occasional hairs 4-5 times per day in his vision. We focused on getting a flow and connection from his kidneys to shen tao. I had him go back to his emotional frustrations and feel them. I had him open his heart and feel into trusting and forgiveness. I did a lot of coaching on allowing emotions to come up and then feeling them so that he could let them go. He could feel the calm and quiet and his kidneys were flowing and connected to heart. I then went to BL and GB eye points and made sure they were flowing as well as the liver eye point. Once they were really flowing, I connected them to his kidneys.

I wasn't able to work on him after this session due to COVID but his body was able to heal on its own. I continued to check in with him and his back pain didn't come back after this session. His eyes continued to get better each week until he didn't have any more hairs in his vision.