



Case: Preparation for surgery for ceaseless uterine bleeding 31yrs, Female

The Person & Complaint

My client is a stay at home mum. She is married with 4 children. She runs her husbands business from home. Before the children came she was employed as a Nurse. She is a kind, caring and generally a nice person.

Her symptoms are:

- 3yrs of constant light uterine bleeding after her 3rd child.
- 8 months ceaseless heavy uterine bleeding after her 4th child.
- Cramping.
- Endometriosis.
- Lower sacrum back pain.
- She has not had a period for 3 years.
- She is currently on high doses of progesterone, Primolute, to stop the bleeding. She is having a hard time coping with the dose. She is depressed, moody, emotional, bloated, suffers from headaches, gaining weight, experiencing hair loss which are all side effects of this medication. Her gynaecologist said that it was up to her to adjust the dose that she took, the maximum is 3 tablets per day. She is taking the maximum dosage just to stop the bleeding.
- She is on the urgent waiting list to have a Laparoscopy and an endometrial ablation. Due to her history she is at a higher risk of haemorrhaging, if this occurs, she will need a hysterectomy.
- Her red blood cell count is low. She is recovering from a tonsillectomy she underwent 4 months ago. It was complicated as she haemorrhaged. Doctor said she is lucky to be alive.

Primolute is only recommended for the use of 3 months at a time. My client has now been on the medication for 6 months. This is a big concern for her.

Her system is so out of whack with heavy doses of hormones and emotional issues. This needs to be attacked on 2 fronts, AcuEnergetic sessions and surgery, due to the time factor involved with the medication she is currently on.

The Story & Emotions

As a little girl growing up she was bullied at school because she was different and nerdy looking in her big glasses. She made sure she popular in high school as she needed to be accepted. So she sacrificed herself and gave to other, resulting in low self-esteem.

My client has lived in Sydney all of her life. She is very close to her parents. Her mother was a great support to her with her 2 young children. They saw each other almost every day. Family is very important to my client.

Then, 5yrs ago her husband decided he wanted to move the family to the central coast for a better life style. She didnt want to move and leave her parents as she was happy where she was. This made her angry with her husband.

The clients mother inlaw also lives on the central coast and she is a difficult person to get along with and like, because, she is a master at instigating dramas within the family. She is a hot and cold grandmother. One minute she loves the children, next she doesnt want anything to do with them. There is definitely no support here.

The mother inlaw has never approved of my client and outwardly expresses that she does not think the first born is her sons child. This also makes my client angry.

The Energetic System

- Chesed is blocked through not expressing herself and swallowing her anger.
- Udhana's upward movement is comprised and apana downward movement is working overtime.
- Yesod is blocked with the guilt about having an abortion and the belief that the bleeding is punishment she deserves for aborting her baby.
- Liver is comprised through unrepressed anger this is preventing the Liver's function to regulate the blood.
- Spleen is comprised with holding onto stories and dramas of her mother in-law. This prevents the Spleen to hold the blood.
- Hod is congested through no support from husband, mother in-law and from her reduced support from her parents.

- Liver is congested through being angry at her husband and mother in-law.
- Netzach was blocked with low self-esteem from being bullied at school. She was constantly giving of herself as she desperately needed to be accepted. It became apparent that when her 3rd child arrived she had to give even more as the support of her parents was limited and even more when her 4th child arrived. This was compounded by her mother inlaw not accepting her.
- The menstrual cycles was not functioning because of the constant bleeding. This interfered with the balance in the body. Reconnecting the energy flow in the body with the circulation of the light will bring everything back to balance.
- BL 20 Spleen back shu point.
- ST 30 and ST 29 was blocked with pain.
- Sp 6 and LIV 3 are used together for uterine bleeding.
- SP 1 and ST 36 are used for haemorrhaging.
- SP 1, SP 4, SP 6, and BL 55 all assist in stopping uterine bleeding.

Treatment – first session

- Opened **Chesed**, talked about what was happening in her life when she gave birth to her 3rd child. She was angry at her husband as they had moved away from her parents. Her mum was a great support to her with the other children.
- Staying with **Chesed** and opening **Liver organ, I release being angry with (husband)**. I got her to say out loud what she wants to tell her husband about how she is feeling. This was very powerful, there was a huge release with this dialogue.
- Balanced **Chesed** to **Malkuth**.
- Balanced Spleen organ to **SP 6**.
- Balanced bilateral **BL 20**.
- Balanced bilaterally **K 1**.

She is over the moon because her cramping has stopped. She feels not so drained. She has more energy

Treatment – second session

My client felt much better and more at ease with herself than she did before. She waited 3 days and reduced her medication down to 2 tablets a day. She now has light spotting. Recently she has developed ulcers in her mouth through stress through losing her hair, she is moody and not herself.

- **Front sacral balance,**

- **Perineum to clitoris** was not talking. We talked about her first sexual experience, she had got drunk at a party and had sex. She was disappointed in herself because this is not how she wanted to lose her virginity. She wanted to save it for her husband. The points opened and started to talk.
- **Perineum to REN 3** are not talking, I asked if she felt guilty about anything? She confessed that she had an abortion and she feels guilty. She has not come to terms about her decision. Deep down she felt that the pain and the bleeding was her punishment for what she had done. **I release guilt, I release you baby, I open my heart to you baby**, these were big releases. The points opened and started to talk.

My client feels more at peace, very calm and centred.

Treatments – third session

My client was much happier within herself. She noticed that she was more outspoken and happy to tell the truth on how she has been feeling to family and friends. This made her feel empowered.

After the last session she waited 3 days and reduced her medication to 1 tablet a day.

There was no sign of bleeding. Then after 5 days she stopped her medication. Still no sign of bleeding.

After 10 days she developed a urinary tract infection. She was pissed off with her mother-in-law for appearing back into her family life after a 1 year absence and she expected everyone to play happy families yet again.

My client had an argument with her husband and she was annoyed and pissed off. It was about the Christmas presents they had bought each other. He spent more money on her and he didn't think that was fair. This is a trait his mother would do when gifts were being exchanged.

Two days later the bleeding was back with bloating and pain.

She is back on her maximum medication to stop the bleeding.

- **ST 30** bilaterally
- **SP 1** bilaterally
- **SP 1** to **SP 4** bilaterally
- **SP 1** to **SP 6** bilaterally
- **SP 6** to **LIV 3** bilaterally
- **SP 1** to **ST36** bilaterally
- **BL 55** bilaterally

- Opened **Yesod** to **Malkuth** talked about what happened around the time of the UTI. **I released being pissed off with (mother in-law)**. This shifted a huge amount of energy. **I release being pissed off with (husband) for being like his mother**. Good movement and connection with **Yesod** and **Malkuth**.
- We talked about forgiving her mother in-law for all the heart ache that she has caused in her life but she was unable, at this time to forgive. She became anxious about the hurt she had caused her.
- Opened **Yesod** to **Heart**, **I release being hurt**.
- Opened **PC 6** to **Chesod**.
- Instead we discussed acceptance and being grateful for the times she has been a grandmother and shown affection her children. She did agree she was a good grandmother and my client does believe in family.
- Opened **Yesod** and **Heart**, **I accept (mother in-law) for who she is**. She felt much better about her feelings towards her mother in-law.
- **Liver flush balance**, talked about her annoyance with her husband and the importance of not taking on his anger as it is affecting her physically.

My client felt great. She has no pain or bloating.

Treatments – forth session

She has had no bleeding since last session.

She has been feeling very happy and not moody. She is not taking on her husbands stress. She is speaking the truth. She has a better understanding of her mother in-law and she accepts how she is. This has taken away a lot of anguish and replaced it with peace.

My client is in pain at ST 29. It comes and goes it is a stabbing and throbbing pain.

- Balanced **perineum** to **ovaries**.
- Balanced **clitoris** to **ovaries**.
- Balanced **naval** to **ovaries** – off the body
- Balanced **nipple** to **ovaries** – off the body
- Opened **Malkuth** to **LU 7**
- Opened **Hod**, **I release being unsupported**, the energy opened nicely.
- Staying with **Hod** and opened to **ShenTao**
- Balanced **K 1** bilaterally.

My client felt relaxed and open. She is feeling very happy.

Treatments – fifth session

My client was doing great but 3 weeks after the last session, she started to bleed again intermittently and the pain return. She had to go back on the tablets. One week later she had surgery.

It has been four weeks post-surgery. Although she has improved there is still some bleeding. Her Doctor has advised her to start taking her tablets again. She doesn't want to go down that path and will continue with AcuEnergetic session.

- **Wind gates**, client felt a lot of movement in her abdomen. She said it felt like her insides were moving around going back to their proper place after the surgery. She feels relaxed and less tension.
- Bilaterally opened **K 13**, she felt her upper abdomen warm up and come alive.
- Opened **Yesod**, I stayed with it to ensure it was open and expansive. Client could feel her lower abdomen was warm and alive.
- Opened **double pass, Netzach** and **hod**. Very powerful expansive energy.
- Balanced **female pole, Binah** and **Malkuth**. There was resistance and my client felt nauseous. I asked what she was worried about, she wants to better herself and go to uni but she is worried she is not good enough, she is not confident in herself and her ability. Her nausea lifted and the female pole opened beautifully.
- Open **pericardium, P 9** to **Shen Tao**.
- Bilaterally balanced **Thrusting vessel Sp 4**.

At the end of the session, my client asked, could my low self-esteem and lack of confidence have affected my constant bleeding? I said yes. I entrained her Heart and I said, since you have had your 3rd child have you felt like you are always giving, giving to the point of bleeding yourself dry? With tears in her eyes she said yes.

Time had run out for this session so we will work on Netzach next time.

Treatments – sixth session

My client has improved with her bleeding. She is only mildly spotting every second day. She is delighted with the results.

- Opening **Heart** and **Netzach**, I asked her about her thoughts in regards to her surgery. She felt disappointed because she believed that everything would be back to normal, and it is not. **I release being disappointed**, I ask her when was

the first time she felt disappointed. A memory from her childhood came to mind, in primary school she had big glasses and was nerdy looking. She was held back and bullied for being different. **I release being held back, I release being bullied.**

- In primary school she was not popular but when she went to high school she went to a completely different school where no one knew her and she made a point to be popular to the detriment of her studies because she was desperate to be like and accepted.
 - Staying with **Heart** and **Netzach**, **I release the need to be popular, I release the need of giving myself, I release not being worthy, I release feeling stupid, I release the feeling of getting it wrong, I release not being good enough.**
 - Staying at **Heart** and **Netzach**, **I accept me for who I am**, she found this hard because she felt it to be a struggle, **I release struggling with myself**, then went back to **I accept myself**, much better. **I open my heart to myself**. She felt an opening in her heart centre and a warm sensation filled her chest area.
- **Circulation of the light balance**

The programs that she released were keys to her final recovery. There was a massive shift on energy within Heart and the Netzach. Needless to say my client felt awesome after releasing her inner demons. Coupling a C/L after the release work was magic.

Result/ How it was resolved

My client had her operation. They needed to remove her fallopian tubes because they were scared with endometriosis. While doing this she did have a bleed, they were able to get that under control. This is a definite improvement as it wasn't a full on haemorrhage and hysterectomy scenario that the Doctors gave her prior to her surgery.

She is in no pain and she is not bled for 2 months. She is very happy with the outcome on both fronts, AcuEnergetic and surgery.