



Case Study 11, 34, Female

The Person & Complaint

The lady came with a sore right knee which prevented her from running on the treadmill in the gym I work in. It turned out months later that there was a deeper problem of endometriosis invading the bladder.

The Story & Emotions

The client seemed to have a sore right knee generally initially then more specifically at Bladder 40, the sea and earth point on the bladder channel.

The Energetic System

The story was fairly simple: the knee prevented her from running. She was a quiet girl and has an underlying level of emotional upset showing up as opinions and attitudes particularly about work situations which effects the gallbladder meridian.

Treatment – first session

In the first the session I treated the elephant eyes and Stomach 36 and Gallbladder 34. The session lasted 60 minutes as it was done in her lunch hour. The general nature of the pain became more specific and seemed to be behind the patella. At the end of the session, the knee seemed to have more movement and felt better.

Treatment – second session

After the first session, the client said the knee felt better and that the pain seemed to be in the middle of the knee behind the patella. It was a bit easier to move but there was lots of pain when walking down stairs. In this session I again treated Stomach 36 and Gallbladder 34. The session was a lunch hour session again. The client felt movement in the knee "like rabbits in a hat", but had little else to report.

Treatment – third session

The pain had eased behind the patella and was now very specifically at Bladder 40. This was a shorter session (40 minutes) as the client had to go a meeting. BL 40 felt very blocked and it was only at the end of the session there was any movement.

Treatment – fourth session

The next session was a little longer, 60 minutes. I worked on the Bladder 40 point to Yesod for the whole session. There was heaviness at the end of the session in her leg. But two hours later the leg felt much better, after she had done some walking.

Treatment – fifth session

This treatment was a full session of 90 minutes. I treated Bladder 40 to Netzah initially as it was on the right hand side but shifted to Yesod about 20 minutes into the session. Lots came off Netzah initially as heat and the knee twitched but this cleared quite

quickly. At Yesod the movement was slower but continually improving, by the end of the session both Yesod and Bladder 40 were feeling light.

Treatment – sixth session

At only 45 minutes, the session was more a check up to see if the knee was pain free. I treated Bladder 40 to the bladder organ. The knee was fine and she was back running 3 kilometres on the treadmill without any problems. There was heaviness at Yesod and bladder organ again which cleared slowly and still felt somewhat heavy at the end of a shorter session. At this point I strongly suggested that the client get checked up by the doctor.

She said she felt fine when I checked over the next month and during another session to do with a sore neck, which cleared quickly after taking wood energy back to the Gall bladder. It was a situation at work where she felt it was unfair that some were working hard and others were goofing off. When I told her that holding that opinion and not expressing it was giving her a pain in the neck. She put it together and said by judging the people who were a pain in the neck she was getting the pain. She got that and the pain dropped from 8 out 10 to 1 out 10. She said she felt fine and had no further problems with the knee.

Result

Six months later she came and reported that I was right and she wished she had listened as she had endometriosis which was invading the bladder: there was no pain and she had an operation to remove the endometriosis. This was discovered as the client was being tested as a part of IVF screening. She has had one session re assistance for the IVF and has “run out of money” as IVF is costing her a lot of money. The pain in the knee was an indicator to problems in the bladder organ as it is the Sea point on the bladder organ. The pain was taken out of the channel, and function restored with flow. After the two earlier case studies, I was aware that AcuEnergetics could definitely affect the diagnostic ability of doctors. This a case where the client even with insistence on my behalf did not heed the plea to get her bladder checked out. Luckily the problem was solved.