

Case: 54 year old male with shakes

The person and the complaint

Client has bodily shakes especially in arms and legs and complains of a lot tension in the body.
Client had had a difficult divorce in his early 20's and taken responsibility for two children.

He had moved to Wales where there was little family support.

He had found it difficult holding down a job and had been subject to physical abuse from a young client whilst working for the probation service and decided to quit.

Client is unable to drive because of the condition and is unable to sit for any length of time without discomfort.

The Energetic system

The shakes seemed to track the heart/small intestine area of the arm. These are blocked by stress.
As is the heart directly.

He suffers from a lack of trust (shen tao) that will block the energy to the heart and corresponding systems.

The Dishonour he feels at having been so isolated and poorly treated will have blocked Hod
And throat blocked due to unexpressed anger and humiliation.

Navel Centre will be blocked through blame and emotional fear from the physical abuse.

Base blocked through lack of security.

Treatment

1. front of heart to back of heart on. Very stuck. Hardly any movement the whole session.
2. Same again. Painful. Becomes very prickly and painful
3. Same again. Client reports sleeping much better. And more able to sit for longer periods of time without getting restless.
Client talks about difficult childhood.

4. Client reports a small but significant reduction in shakes. But feels calmer, less stressed. Back of heart off. Whole session. Spirals of energy. Client falls asleep.

5. Back of heart off. Painful but begins to settle down.

6. Hod on. Very blocked. Client talks about physical abuse at work.

7. Hod on then off.

Ht 9. very tight and prickly.

8. Client says that shaking is approx 40% less. And has been confident enough to go on short drives.

Heart off. Heart to Heart 9. Still blocked but more energy.

Resolution

Client reports a 70% improvement in shakes. Able to sit comfortably and confident enough to drive on journeys up to an hour. Very pleased. Sessions continue.