

Case: Pain from Intestinal Flu, 47 y.o. female

The Person & Complaint:

- Client had the intestinal flu over Christmas break while she was off of work as a teacher. It hit the day after Christmas and has spanned over the last 10 days. Many bouts of diarrhea and stomach/intestinal pains.
- It has been 4 days since she has last had diarrhea.
- Her stomach and small intestine hurt.
- She is married and has three children, two sons age 6 and 10 and a daughter age 15. One dog and one new puppy.

The Story & Emotions:

- What was going on at the time of onset? It was just after Christmas. The client commented that Christmas was good, and that life was going good.
- They had just gotten a dog for her husband for Christmas, but it was really her daughter that had been begging for a dog. She likes to please people, gives into her children easily, and can be a worrier.
- This illness had been going through the staff at her school that she works at before break began. She is a special education teacher and enjoys her job although has challenges with some students sometimes.
- She had felt so ill that she had gone to the ER 6 days ago and was treated for flu and dehydration. The Dr gave her some medicine but it didn't work.
- She was told by the triage nurse to try Antacid, Imodium, and Tylenol. That combination stopped the diarrhea 4 days ago but the pain is persisting.

The Energetic System:

- Predisposition of having a weak navel center- she is a worrier and can bend to the desires of others.
- Stomach organ and meridian, small intestine organ, large intestine organ congested by intestinal virus of illness.

Treatment – 1st session:

- At start of the visit the client's pain level is at a 5.
- I did resonance off the navel center to on the small intestine organ above navel. Sensations felt were painful and tight, also areas got hot. Once it lightened at both, I came off the body above the small intestine until it lightened at that depth.
- Then I asked where the most discomfort was now and she shared that it was in her lower abdomen diagonally above the groin line. Appeared to be more the large intestine area on both the right and left sides. Did resonance off navel center to on right side over large intestine area. Pain in both hands and then got heat until

lightened. Came off body off of large intestine and stayed there until that lightened as well.

- Repeated on left side pain on until no pain then off until it felt lighter to me.
- Asked where main discomfort was now and she said under her belly button in navel center area and just below. Did resonance on just below navel and just below that on the center of the lower abdomen. It was very tight and some pain, when it felt better I came off and very tight again. Once it felt lighter I asked how she was feeling and she said much better.
- ST39 to ST41 on the left side both points where painful and tight, did get some heat, and then they started to flow.

Result

- At end of the visit the client's discomfort had decreased to a 1. She reported that she was feeling much better.
- I suggested for her to keep drinking fluids and eat softer gentle foods on the stomach. She goes back to work tomorrow.
- In the days following- the pain had completely diminished and she returned to normal functioning and was fully back to work.