



Case: 45 yr old Female - Migraine

The Person & Complaint:

A 45 yr old female gets migraines every month, they start when her bleeding stops and lasts for several days sometimes up to a week. She self medicates for these migraines. She has been getting them for the past 20years.

She has a stressful life, working full-time, 2 children 5yrs and 9yrs - she is also studying her accountancy exams.

The Story & Emotions

Client gets so angry when she gets her period and just wants to kill everyone.

She is from the Czech Republic and feels out of place sometimes still even though she has been here since she was 7 years. Her mother suffered badly with headaches and the earliest memory she has of a headache was from when she was 5yrs.

She has had a stomach hernia - that required surgery and she now has a mesh to hold her stomach in place.

The Energetic System

Gallbladder organ and channel blocked

Kidney /ovary balance since they are with her period.

Treatment - first session

- Gallbladder organ (on) it felt really tight like a ball of steel, but it did give way to a water balloon sensation and after awhile became squishy - spent whole session on this and it needs just a bit more.

Treatment - second session

Client feedback - she hasn't had a migraine this week but she is due on next week and is worried about how it will affect her.

- Finished opening up the Gallbladder organ - chatted about control and letting go/lightening up.
- GB44 - left channel was like a thin line of movement it did get bigger but didn't open, right channel just felt like a clamp holding tight.

Treatment - third session

Client feedback - Her period came today and she got a headache but no migraine yet - I have asked her to let me know when her period stops if she gets a migraine.

- GB34/44 on the right side - keeps flipping up to her head rather than pulling down. After 20 mins on this side I felt it was moving in the right direction so did GB44 on both toes and finally got movement and openness.

Treatment - fourth session

Client feedback - When her period finished last week, she did get a migraine but it came on she took her tablets and it went away within a day - which is very unusual. As normally she has to continually take tablets throughout the day but she only took the one dose.

- Kidney/Ovary balance - right side first - good connection and they balanced really well.
- left side was very painful and the client said this side is where her tube is twisted. It felt like a massive tummy cramp both front and back. - After 30 mins on this side they started to relax and open and come into balance.

How it was resolved

Spoke to client 2 months later and she hasn't had any migraines return.