

Case: 16 [eyes and ears ], 48, male

Start June 19, 2015

## The Person & Complaint

Include a brief description of the person, their relationships/family, their complaint, any relevant facts, health issues, history, etc.

**relevant facts.** Married, father of 3, has a business repairing and manufacturing medical instruments. Is quite healthy, normal weight, a few pounds extra around belly, not very tall.

**complaint** Flashing eyes, strained eyes with impaired vision, start of declining hearing (high frequencies)

**health issues and history** Gall bladder was removed about 10 years ago due to stones. Had some swelling around the eyes lately, like edema but this has disappeared. Acid reflux once in a while.

**Doctors:** he wears glasses but nothing found in eye exams, imaging shows no macular degeneration and no impact on papilla (exit point of optic nerve from eye), no elevated eye pressure/no sign of glaucoma. Slight onset of cataract in both eyes.

## The Story & Emotions

What's the story with the client? Is there one? If there's nothing obvious, is it more of an attitude or recurring feeling? What are the emotions that the client is experiencing or repressing?

Client is under lots of stress, just built a new house, the business and kids. He seems to be quite sensitive and emotional but never shows this, acts very macho and tough. His mother and father divorced early and the mother remarried. The mother is emotionally very cold, recently developed dementia. He has strong skills of sales and can easily talk and sell himself and his business.

## The Energetic System

How has the story, attitudes and emotions affected the energy system? What is blocked/congested? What obvious centre's, meridians, fields etc are contracted?

It seems to me that the eye problems are due to strain to liver and gall bladder, which is of course gone. The fields of brow and occiput are contracted, while the need to control seems to be strong. His neck area is very sensitive to touch.

The kidney is stressed and depleted, reflecting its weakness to the ears

**The initial plan** First work on gall bladder and eye points, then work on ears. Strengthen and nourish the kidneys

## Treatment – first session June 19th, 2015\ 90 min

What did you do in the session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Treatment:** After chatting about complaints and history, I did Ki points bb, then pulsing to KI organs for a few minutes. Then I did resonance double/two-handed to GB area. Client fell asleep deeply. As soon as I went to GB34 he started to get restless, which stopped when I went back to GB organ. Continued to treat gb organ to GB 34 which was ok, he fell asleep again. Next I went for about 15 min to bb GB1. He really felt pressure in the head and the start of a headache, but it went away quickly. When he opened his eyes he could see much clearer without glasses.

**Next time:** Continue with gb organ and eyes.

## Treatment – second session June 26th, 2015\ 75 min

How was the client after the first session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** Due to the first treatment client was able to work all weekend very concentrated on his projects and work, had good vision.

**Treatment:** Client came in with some lower back pain, could not lie on back. It seems he got angry about something and that's when the back pain popped up, which he says comes and goes. Explained relationship of anger, contraction, and back pain. I did resonance to lower back and kidneys while lying on side. That helped, then did GB 43 and BL66 on both feet to calm down the back. Next did GB organ and then around both eyes, GB1, STO2 and briefly BL1, which was the most electric. Client felt more relaxed in eyes and could see better.

**Next time:** Kidney strengthening and eyes, all points around eyes

## Treatment – third session July 4th, 2015\ 75 min

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** The back aches are gone, eyes ok, so far no more flashing or darkening of vision.

**Treatment:** K1 few minutes, then pulsing KI organs 10 minutes. Fell asleep at KI organs. KI are tight and painful, perhaps whole session on KI? Then eyes both sides, first GB1, then ST2, then div. LIV spot between STO1 and GB1, which are pretty electric. BL1 so far were the most electric, above the eyes were also very tight. Then back to GB1. Suddenly I feel like I made contact with gall bladder energy, client got restless, so I stopped – it was time anyway, but I sense that too much resonance to directly the gb does not work so well, it's better to treat in small doses and perhaps remote or the gb organ space.

**Next time:** Depending on results move to work on ears, more kidney.

### **Treatment – fourth session August 4<sup>th</sup> 2015\ 45 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** He reported that he felt energetic after the last treatment, and that he could solve his problems at work, felt good.

**Treatment:** Ki organ pulsing while lying on left side. Client stressed, lower back ache and cannot lie on back too long. My hands were painful, adrenalin made the hands feel like shaking. Next I did 3 ear points TH15, SI19, GB2 and on rhs kidney, then same on left. Then eye, GB1, BL1+2, ST2, ST divergent and on top of eye brow. Left eye much more tense/painful than right. Also did Ren12 briefly, to heart as he complained about heart burn. He has an upcoming Gastroscoy next week

**Next time:** See what the gastroscopy showed, work on ears, unless the eyes are worse.

### **Treatment – fifth session August 12<sup>th</sup> 2015\ 45 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** Stomach was fine, the gastroscopy showed nothing. Back is fine, but eyes acting up. Yesterday before the treatment he had a period where he could not see. I had showed him a method to rest his eyes, called 'palming'. He did it and rested his eyes, which helped.

**Treatment:** Worked on bb GB1, for 35 min. Both are electric with not much change. Client falls asleep right away and sleeps through to the end. Last 5 min left KI organ to 3 ear points. Client reported he could see more clearly after treatment.

**Next time:** More eyes, perhaps again gb organ space.

### **Treatment – sixth session September 2<sup>nd</sup>, 2015\ 75 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** Eyes are fine now and since last session, we work on ears this time.

**Treatment:** Did first rhs KI organ to 3 ear points on right, then lhs. Client fell asleep. Mainly GB2 felt electric, but on both sides started to move together. The lhs did not take so long, and was less tense. The rhs KI organ was very tense and almost moving/pulsing my hand. Last 10 min GB1 both sides eye treatment. Client felt again pressure building up right away, I felt both points electric, no change, no movement, need more eye!

**Next time:** Eyes need more treatments..

### **Treatment – seventh session September 22<sup>nd</sup>, 2015\ 75 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** Client complains about low energy, otherwise ok.

**Treatment:** I feel this is the time for a liver flush, to treat the yin organ after all this gb and eye work. Good liver flush, it was really needed. Found lots of congested spots, but all started to move after a relatively short time. Also did rhs liver mer which was tight and painful at times. No nausea on my part, he is not sleeping, feels fine. Good grounding after.

### **Treatment – eighth session October 27<sup>th</sup> 2015\ 75 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** No special feed-back, no more trouble with the eyes. Good energy after the liver flush.

**Treatment:** We decide on an ear treatment this time. First did on Kidney organ to LHS TH1 and to TH3. Then TH3 to TH5 left side. Then TH3 to TH17 and th5 to TH17. Moved to rhs and did just TH3 to TH17 but while the lhs was electric, the rhs felt kind of dull. Then I went to TH1 to 17 on the right, and again it was electric, then back to TH3 to 17. BB did the 3 ear points. Client fell asleep a few times. The 3 ear points started to move nicely together.

**Next time:** To kidney organ to 3 ear points both sides again

### **Treatment – ninth session October 31<sup>st</sup>, 2015\ 90 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** wants ear treatment, no improvements on ears so far. Eyes fine

**Treatment:** Worked on RHS, first TH1 to comb. TH17 with thumb, TH21, SI19 GB2. I felt, it is better to work up the arm from distal to ear, so did TH1 to TH3, then TH1 to TH5 and then again comb. TH17 with thumb, TH21, SI19 GB2 with better results, just stayed there about 30 min. Then comb. TH21, SI19 GB2 on both sides, and felt again like during the last session, the weaving back and forth between the 2 ears. Also, I worked briefly on TH23 to GB1 both eyes which was very electric. The most electric point was on eye brow lhs above ST1, did it on both sides a bit, lots of tension. After session client reports a bit of a headache and said, he felt pressure in the eyes. We did some release

in this session, after I explained the concept, saying 'I release not hearing well', 'I release not wanting to hear you (wife)'. After the ear treatment he fell asleep.

### **Treatment – tenth session November 9<sup>th</sup>, 2015\ 90 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** Wants ear treatment, but check eyes.

**Treatment:** First sitting up I did TH1 bb, then TH3 bb – client totally relaxes and fell asleep, sitting up! Then lying down I did first K1 to K3 lhs, then pulsing of kidneys. I felt that the lhs kidney was circling, but the right not, so went back to K1 to K3 on rhs. Client slept, and then reported after that he felt a spike of energy. Next on the back I treat rhs TH5 to ear (TH17, TH21, SI19, GB2, Thumb on TH17), then on lhs, and the points started to move nicely. The TH points are still very electric. Last did some eye points, the one above pupil still electric, mainly on left. Also BL1 tight.

### **Treatment – eleventh session December 1<sup>st</sup> 2015\ 60 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** Eyes fine, no more problems. Ears no clear progress it seems

**Treatment:** first bb K1s, then on left side (do rhs next time) TH1 to TH17, then to combination TH17/GB2/SI19/TH21, about 15 min, then TH3 to combination ear points. Briefly TH5 to comb. points – did some TH23 to GB1 and lastly for about 5 min the eye points GB1, ST1, BL1. Eye points and also the ear points sharp but started to move together. Client mostly asleep.

### **Treatment – twelfth session December 11<sup>th</sup> 2015\ 75 min**

How was the client after the last session? How is the complaint? Improved or not? What did you do in this session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

**Feed back:** Finally client reports that he feels he is hearing somewhat better. For me, not enough progress, I wonder why?

**Treatment:** first bb K1s, then on right side, TH1 to TH17, then to combination ear points TH17/GB2/SI19/TH21, about 15 min, then TH3 to comb. points. Briefly TH5 to comb. points. Then I did GB44 to GB41 which are very electric and sore as client reported tight tendons in his right foot. Then shortly GB41 to 34. Lastly P9 to ear points.

**Next time:** It's going to be a while, as I will be travelling



## **Result/ How it was resolved**

What was the result after treatments concluded? How was the complaint resolved?

The problem of the eyes improved considerably and did not return. When I talked to him the next year after my return still no more eye issues. With ears and hearing problems, however, I do not feel satisfied with the results so far. Would be happy to chat about this in a practitioners circle soon, what could I do to improve the hearing?? I feel I did a lot and a lot released, and that the kidney depletion improved a lot.