



Case: 13 [dizziness, insomnia, lung cancer], 77, male

Start August 8th 2016

The Person & Complaint

Include a brief description of the person, their relationships/family, their complaint, any relevant facts, health issues, history, etc.

relevant facts Male, smoker, with adult children, current partner called and made appointment.

complaint Severe dizziness when lying down to sleep, restlessness, insomnia. Just about 3 weeks ago he had an operation where part of his left lung was removed due to lung cancer, plus around 17 lymph nodes. The operation was successful. The doctors recommended chemo, but stated that the likeliness of recurrence of the cancer was not severe, the likeliness of reduced quality of life due to chemo greater, as per the attending doctors.

health issues and history Main issue is the cancer, he elected not to have chemotherapy or radiation. The operation went well.

It seems the main issue he came to see me is the dizziness, not the sleeplessness. He went to the throat/nose/ear specialist to get his ears cleaned, and since the last time he has the dizziness.

The patient has only his right arm, no story yet on how the left arm was lost.

Repeated colonoscopy to have polyps removed, he is due for another one but wants to wait and clear the current dizziness problems.

Takes medication for heart and blood thinner, has had a mild stroke in the past.

Doctors: Prescribed sleeping pills which made him able to sleep an hour but then be nauseous at night.

The Story & Emotions

What's the story with the client? Is there one? If there's nothing obvious, is it more of an attitude or recurring feeling? What are the emotions that the client is experiencing or repressing?

Fear of death could be major factor in dizziness, affecting the kidney and base center, weakening the TH meridian, stomach meridian likely also involved. The partner told me that he does not like to be alone anymore, but he has not stated this to me.

He says he has resolved himself to not having chemo and live less time but with better quality.

The Energetic System

How has the story, attitudes and emotions affected the energy system? What is blocked/congested? What obvious centre's, meridians, fields etc are contracted?

Lung and colon are metal, reflecting to the throat, seem to be blocked.

I assume the base is blocked due to fear of death



The initial plan Treat pericardium and TH3 for restlessness, dizziness, insomnia. Do some release about why cancer, why he refuses further chemo, attitude to life?

K1 bb, TH3 (dizziness), P6 (dizziness), M-HN-3 Yintang, M-HN-34, GB12 for anxiety and insomnia
H7 and SP6 mania, restlessness

Treatment – first session Monday, 8th August\ 85 min

What did you do in the session? Be specific. What happened? What was the conclusion at the end of the session? What did you advise the client?

Treatment: Sitting up to chat and scan the finger end points. Felt the lung painful. TH is very tense and electric, so are the heart, kidney, and pericardium finger. Liver is mostly clear, stomach somewhat tense

I start both feet with the K1 points and they are very tense and electric, the client falls asleep after about 30 seconds treating. He wakes up 2-3 times and says he is dizzy, but then just keeps sleeping throughout the whole treatment. Stayed at K1 about 25 min.

To relieve the dizziness I next go to TH3 and TH5 on his right/only arm. Both points again very electric, so that my finger is virtually drawn to the spot. The TH5 releases first and I move to TH3 to TH1. I scanned TH3 to the 3 ear points TH21-SI19-GB2 but the tension increases. So I went back to just the TH points, about 20 min total.

Finally, I treat P9 to both stomach end points STO45 (nausea) and across the second toe nail. Again the Stomach point is electric. Scanned the GB44 point and there is also tension there.

I advise him that I feel quite a bit tension has released, but that I think about 4-6 sessions are required. Asked to let me know tomorrow how he could sleep. He made 2 more appointments, one in 2 days, one in a week. He seemed to be happy after the treatment, since he gave a huge tip which I did not want to accept but he insisted.

Next time: Depending on how this went, more work on TH (ears) and kidney (ears, fear), and clear base, perhaps work on pericardium.

Result/ How it was resolved

What was the result after treatments concluded? How was the complaint resolved?

Feed back: He called the day after the treatment and said that he could sleep uninterrupted about 4 hours, for the first time in ages. His partner told me on the side that actually he slept longer. A week later he called again and asked to move the session to another time, the day after the arranged time, which was not possible as I had another appointment. So he just cancelled. He then also told me that they found something in the MRI and that he wanted to discontinue the treatments and go with the standard medical treatments.

My impression and information from people around him was that his adult children are afraid for their inheritance and probably discouraged him from having more sessions with me. The fact that he did not make the appointment himself in the first place, gives me the sense that his commitment might not have been there for Acuenergetics. My impression also was of a very generous man who is deeply shaken from his impending death, but wanting to be at peace with his family.