

The person and the complaint.

Include a brief description of the person, their relationship/family, their complaint, any relevant facts, health issues, history.

62 year old man. Single no children. His wife of 20 years left him 10 years ago for his best friend. She was very complaining when they were together and put him down a lot. Rejected him intimately for a long time before she left.

Father abandoned the family when he was 13 and they didn't see him again. He became the man of the house, learning how to do household repairs and took care of his younger siblings. Left school as soon as he could to earn a wage to support the family, early family responsibilities thrust upon him. 3 siblings but only close to his sister. One brother is gay and he does not have much contact with him the brother's choice not his. The other brother died this week. They hadn't spoken for 2 years. Mother died young of cancer.

Reason for Treatment -

Lower back pain that radiates up to C7. He already had this but it got worse since his brother's death.

Feels numb around the death of his brother and can't cry.

The story and emotions.

What's the story with the client? Is there one? If there is nothing obvious, is it more of an attitude or recurring feeling? What are the emotions that he is experiencing or repressing.

Client has a dowager's hump, he has a history of chronic neck pain and lower back pain. **Feelings of abandonment, lack of respect and unexpressed grief and sadness** from Father leaving and wife leaving. When his Father left he had to take on being the head of the family. Resentment to his wife who disrespected him and his brother who cut off contact for what he sees as a trivial incident.

Now the brother has passed on he says he dwells on the past interactions with him and of things being unfinished and he feels **emotionally numb**.

The Energetic System.

How has the story, attitudes and emotions affected the energetic system? What is blocked/congested? What obvious centre's, meridians, fields etc are contracted?

2 of the 3 **spinal gates** blocked. **KG and C7** and the pairs that make the double passes here may also be blocked. KG blocked through feeling disrespected and **Navel** through **emotional fear, blame and low self esteem**. C7 could be blocked through holding onto **resentments** and **grief** past and present. **Heart** blocked through **abandonment and hurt**.

Treatment 1

Client in a lot of pain. Pain is radiating up and down from somewhere between 1st sacral and L1 areas up to the back of the neck.

Treated **S1 19s**. Pain on both sides, right side more so. No connection between the two sides, pass through feeling pressure, pain, pins and needles and electrical sparks at different times. Got movement on the left side first as that calmed down began to get heat and then cold on the right side. Balanced after 80 mins. Client felt pain go.

Treatment 2

Back pain feels better not sleeping well and still feels numb and the body feels heavy although no longer in pain. Gave **COL** joining dots to get some light into the body.

At **Shentao** client began to shake in the upper back. **S13 to BL 62 GV SF**. Had a restful sleep that night.

Treatment 3

Client feels sluggish and tight in the belly and chest. Resonated over **Heart centre** to **Shentao** for some time and client cries a little. **Heart** to **HT 7**.

Treatment 4

Double pass - KG to Navel. Navel completely numb and aches and pain in **KG** some movements towards end of the session and more tears.

Treatment 5

Client arrives with feelings of tightness in the chest. Opened **Heart to H7** and then **Navel to Heart** for the rest of the session. His body really relaxed down onto the table and breath became very deep. Silent tears. Client feels light at the end of session.

To date - Back pain free as far as I know. He was going to get back in touch if he needed to. He made some time in his day to grieve his brother and cry. He made steps to trace his Father.