



Incontinence, 48, Male

The Person & Complaint

- in a relationship, no children
- have to go toilet 2-4 times a night, daytime fine
- has a loose airy feeling around pubis area
- back pain around kidney area (bl23) LHS, constant dull ache, not really worse bending or twisting, more laying down

The Story & Emotions

He cant really remember when it started has been going on for a while now, no apparent story. Works out a lot, drinks a lot of protein shakes which could've weakened the kidney

The Energetic System

Double pass
Weak kidneys/bladder

Treatment – first session

Double pass - very achy, no movement, stayed here all session, navel felt wobbly, got them connected

Treatment – second session

Back still achy, getting up still three times a night, hasn't got the loose airy feeling anymore though

- K6-K1 LHS, achy!! Better after an hour did K3's for 30 mins, both achy

Warned him he might get worse before he gets better

Treatment - third session

Had got up four times the night after last session but now down to 2.

Back better but still there a bit

- CV3 to Bl23's; he got up 4 times during first hour of session to go toilet treating these points, points were achy but got flow
- Bl66-67, gb43 + kid div 30 mins, achy but got movement

Result/ How it was resolved

Back ache gone completely, gets up once since last session but that is usually around 5.30 -6 am so he's happy with that.

Infertility, 43, woman

- Married, been trying to get pregnant for years now and is going through IVF
- Other: gets really bad head aches, heartburn, has a sore knee LHS, ovary pain
- Has had sessions with another practitioner, came to me to do reverse sacral
- She's had 3 miscarriages, got pregnant with all through IVF. Very traumatic for her, ended up in hospital every time.
- Stressed because her husband is from the US and they are struggling to get his visa plus he just lost his job with a company who was sponsoring him, now has 3 months to find another job to sponsor him or another type of visa so he can stay.
- She also has quite a stressful job herself
- She has a bad relationship with her mum, who has put her down mentally/emotionally all her life (mother has some mental issues). Hasn't talked to her in years.
- Has a sister who she's close with but she lives in another state

Reverse sacral for 8 sessions, a lot of talking during the sessions about her mum, miscarriages and her current relationship.

9th/10th session

She has an egg collection in a couple of weeks so we worked on kidneys to ovaries (each side) also Shen tao to ovaries

11th session

This time around the egg collection was much better, more eggs that could be fertilised (last time only 2 good ones, this time 12)

She still gets ovary pain

- CV3-ovaries both sides, very achy esp. left side

12th session

- Continued on cv3-ovaries
- when that felt better: Spleen to ovaries, bit tight but got movement
- Spleen to left knee; very achy-> her bad knee

13th session

Has had bad heart burn, been extra stressed because running out of time for her husband to find work and temporary visa running out, they are both in a bad mood and fighting a lot, she's also starting a new job and there's a lot to get the hang of. Very emotional, plus the egg transfer is in a few weeks and she's getting stressed about it.

- Shen tao to P7
- Stomach to CV14/12

Result

Everything went well throughout the pregnancy, she gave birth to a healthy baby boy