

## Case: Growth under right eye, 57, Female

### **The Person & Complaint**

Physician determined she had an unknown growth under her right eye and wanted to do surgery to remove it. Client did not want to have surgery. The growth was the size of a pencil erasure and bright red in color and unattractive. Client has had Acu in the past to treat her thumb and her hot flashes. Client also has high blood pressure, lots of emotional frustration, and has no gallbladder. Frustration is her major holding pattern and describes herself as short fused in general, especially in traffic. She also blames her mother for the death of her father.

### **The Story & Emotions**

Client lost her father to suicide 5 years prior and blames her mother for it. She is considered the strong one of her siblings, and was responsible for the physical clean-up of his body and the brain guts, after her fathers suicide. She had a gallbladder attack 10 years ago and had emergency gallbladder surgery to remove it. She holds resentment toward her mom, which she does not express. She is extremely frustrated driving to and from work. She has high blood pressure. She is heartbroken with the loss of her Dad. She has always felt as though she had to hold it together as a single parent, and although she

doesn't feel like it stressed her out, she felt like she always had to make sure she had control of her life and finances.

### **The Energetic System**

The location of the growth is on the right eye, just left of the ST 1, on the liver area of the eye. The growth is directly associated with too much rising liver heat. The throat is blocked which disrupts even flow in the head. She is also heartbroken and angry her father committed suicide. Grief congests the heart and could be the reason she struggles with high blood pressure, along with having her GB removed. She is also resentful of her mother which congests C7 and the liver, with the repressed anger. She barely sees her mom and has little tolerance in her presence.

### **Treatment – first session**

After consulting with another Practitioner about treating the eye, and her suggestion of not treating it directly, I began with a liver cleanse and opening the throat. This would give flow to the liver, allow the body to rid its toxins and opening the throat would allow upward energy to not stagnate in the head. I also treated Liver 2's to release the heat in the liver channel.

### **Treatment – second session**

The growth was visibly less red and angry looking. Client was happy with the results.

I had the client tell the story of her fathers suicide while opening her heart and throat and C7. Massive release and flow in all 3 centers.

I treated Liver 2's and Large intestine 11 on the right side to reduce overall heat and heat in the liver. I BB Liver 2's at the bottom of the foot.

### **Treatment- third treatment**

Hematoma looks even better. Started session doing GB 21's to descend any liver heat that was stuck in the head. Client also has super tight shoulders, and this helped relieve the tension.

GB 21's were painful and electric, but eventually released and had flow.

### **Fourth Treatment**

All the red is out of the adhesion and growth now looks like a deflated balloon. It's not red and 90% less noticeable. Client is very happy with the results. I continued to clear the heat in LI-4 to support the liver and Large intestine special messenger relationship. I BB balanced liver 3's to give harmony to the liver meridian. I recommended she come back and get treated for her blood pressure and her frustration in traffic.

### **Result/ How it was resolved**

Decreasing the heat and getting movement in the LV channel increased the flow and allowed the stagnation of the heat to release around the eye. Opening up the flow in her throat and at C7 helped the channel flow. Opening the throat and descending the liver qi through GB 21's also helped push down the liver heat, and then cleared the heat through the bottom of the foot at the liver 2 area. I ended with LV 3's to provide harmony in the liver system. Client years later has not had this issue arise again.