

Case Study : Excessive Bowel Movements

The Person & Complaint

- Female, aged 53
- Has been having digestion issues for past 18 months. Bouts starts with gas, then gets floating stools. Sometimes goes poo 5-6 times per day. By the end of the day the only thing coming out is like water/bile. No problems when on holidays. Gluten free doesn't seem to help. Feeling frustrated about digestion issue. Seems to be related to working with boss.
- Has also put on weight, about 7kg, in similar time period – over last 2 years, and hasn't been eating any more.
- Previously had a head spasm with another boss that didn't get along with, which appears to have been in gallbladder meridian.
- Suffered from anxiety and panic attacks from age 5 to 45. Kinesiologist stopped anxiety and panic attacks. Shortly after that the gall bladder symptoms started.
- Had menopausal migraines, around GB on RHS which started 5 years ago and lasted for 2 years.
- Hot flushes started about 3 years ago
- Heavy painful and passing out period about 1 month ago.
- Wants to focus on digestion issue.

The Story & Emotions

- Client feels uncomfortable working around boss. She feels micromanaged by boss, who sits near her. Her stress makes her digestion issues worse and she doesn't want to use the bathroom in their office.

The Energetic System

- Tension in the heart/gallbladder symptom causing digestive issues and migraines. Liver/pericardium also imbalanced given heavy periods and hot flushes.

Treatment – first session

- Treatment: Gallbladder organ front and back. It was still tight and electrical at the end of the session, but more flow.

Treatment – second session

- Outcome from last session (4 weeks ago): Spoke to boss a couple days after treatment about how she was feeling and it was well-received. Also spoke to a friend who she felt was controlling her. No symptoms after last treatment and having those conversations. Has also been eating a more vegetarian based diet. Moved into a temporary role with another boss this week. He's aloof and

pedantic about little details. She started getting gas on Monday and Tuesday, and then diarrhoea on Wednesday.

- Treatment: Gallbladder organ front and back. Started to get some movement. Client reported her symptoms had gone away again the following week.

Result / How it was resolved

Excessive bowel movements were resolved by treating the gallbladder.