

## Concussion, 44, Male

### The Person & Complaint

Client had a traumatic motorcycle accident 5 weeks prior to seeing me and he was dealing with the trauma of a head injury as well as the uncertainty of feeling like he will never be the same.

### The Story and Emotions

Client hit a deer at a high speed and flew off his motorcycle. He landed in ditch with the left side of his face hitting the ground first. He had 2 black eyes, the prescription glasses he was wearing were wrecked and he went into shock after paramedics arrived. Also suffered leg trauma (nothing broken or bruised but legs incredibly painful for 4 weeks) and his right wrist was still in pain with the doctors ruling out a small break. Has been suffering from a lot of headaches and the two times he tried to return to his job as a personal trainer he has experienced flu like symptoms two hours after coaching classes. Second time he went back was worse than the first and described it like a panic attack.

During the intake I noticed his response was delayed and he seemed very flat and it was difficult to smile. He was frustrated because he had always been so healthy and extremely active. This heavy feeling made it hard for him to do anything. He kept saying I just don't feel like myself and felt frustrated that he couldn't explain it more.

### Energetic System

He suffered a traumatic head injury. His head where he had the impact is very blocked as well as the centers in his head. He also has channels in his head that need to be opened from the impact blocking them. His head and body are not energetically connected due to the injury and trauma. His base is also blocked from the trauma, especially because he went into shock.

### Session 1

I started out working on the left area of his forehead to back of head. Once I got some movement and took some of that initial charge out I then went to GB1 and TH23 to hold until movement. He then said he was getting a headache. Then went GB44 to St45 and got some movement but he didn't notice any difference with his headache. Went K1's to BL67 and got movement and his head felt better. I noticed mid session that his response time increased a lot and he left office smiling and didn't seem to have such a flat affect. I advised him to take it very easy even if he felt a lot better and had a lot more energy. I explained how I was just getting rid of the blockages and his body would do the healing. I advised him not to do any exercise it would just be walking.

He texted later saying it felt like he shed a 100lb weight from his body.

### Session 2

Client said that heaviness came back the morning after I worked on him. He had a mild headache when he walked in. I started working on his forehead and eyes and took out the charge. My hands were drawn up to his crown and when I went there it was completely numb. It took awhile but I was finally able to get some movement and went off and got movement. We talked about how the impact of him getting thrown off motorcycle probably blocked his crown. I finished with K1's and GB44's.

### Session 3

He still doesn't feel quite right and said he wakes up with mild headaches. Even though I was able to get some really good flow in his head after last session he still doesn't feel as great as he did after the first session so I started at his base and crown and told him to tell me the whole story of accident again. Once I got movement and had them connected I went base to hod. It was really electric and hot and once I got them connected I went base to shen tao, base to back of neck, then base to occipital. Once I had a flow throughout the centers I went to the sides of his head and held until the charge released. Then I went GB1's to GB2's. They were super electric and released.

### Session 4

He is feeling much better and only experienced feeling tired in the afternoons after our last session and no more headaches. I started at the sides of his head and held the area until I got good flow. I checked GB1s and TH23's and got a good flow. Occiput to brow and got a good flow. Occiput to crown and got a good flow. Lastly checked his throat and felt a huge block. I noticed throughout our treatments that he gets embarrassed really easily throughout the sessions. He talked about feeling embarrassed about a woman in his life and had him feel into that emotion. His throat opened and he got off the table feeling great.

Checked in with him a week later and said his head felt great and he felt back to normal.