



Case: Colonic Inertia, 35 yrs, Female

The Person & Complaint

A single mother of twin boys, aged 5yrs. My client has been constipated at the start of her difficult pregnancy when she was hospitalised and given Zofran Wafers to stop her morning sickness. Since then her symptoms and complaints are:

- Diagnosed with **colonic inertia**. They explained to her that the left side of the large intestines nerves has died as a direct result of taking the Zofran wafers.
- She has been constipated for almost 6 years.
- Constantly in pain.
- Feeling sluggish.
- Abdomen cold and hard.
- Unable to pass a motion naturally. She needs 8 Movicol daily and a weekly dose of Fleet to enable her to defecate.
- Feels unwell.
- Makes poor choices.

The Story & Emotions

My client became fearful of dying when she became pregnant. During her pregnancy she was diagnosed with twin to twin transfer syndrome. At 16 weeks she had laser surgery to separate the twins. Being a single mum and having to face the daily fear of losing her babies, she also couldn't bear the thought of dying herself and leaving her twins. The babies are very precious to my client.

My client was consumed with fear on all fronts;

- She became fearful of going to the toilet.
- She became fearful of losing her twins every day of her pregnancy.
- She became fearful of – *"what would happen to my babies if I died?"*
- She suffered from emotional fear and survival fear.

The Energetic System

- Malkuth congested with fear of going to the toilet and survival fear - the fear of dying.
- Triangle of action, Netzach, Malkuth and Hod was stagnate the qi was densely congested through fear. Struggling and battling through her life, not letting go of injustice.
- Netzach was rigid, solid with congestion with emotional fear of leaving her children. This starved Hod from receiving qi.
- Hod was also crippled from fear.
- The Kidney organs would have been directly affected from fear, through the association with Hod. There would be a lack of qi entering the gate of vitality. This would have an effect on the diaphragm
- BL 57 is the bladder divergent channel, it winds around the anus and helps with difficult defecation.
- The Large Intestine organ, obstructed with holding on and not letting go comprised the function of the diaphragm.
- Small intestines was block, preventing discernment
- Emotional field held a space of struggling and battling emotions.
- **SP 16**, this point is named abdomen sorrow and is used for constipation, pain and distention.

Treatment – first session

- Felt **Netzach**, it was squeaky like glass, as hard as cement.
- Felt the **Stomach** and opened **ST 36**. The **Stomach** was soft with good movement.
- Opened **Malkuth** to **Netzach** and released **being afraid, being afraid of going to the toilet**. There was a lot of movement and pain released from **Netzach**. This allowed **Netzach** to begin to soften.
- At this point she felt like a pole of pain was speared up her base and into her abdomen. When I removed my hand from **Malkuth** the pain stopped and when I put it back the pain was there again.
- Opened **Malkuth** to **BL 57**, when I palpated this point it was very sore. She released **fear of dying**. This was a massive release of congestion. The spear of pain and the pain in her abdomen ceased.
- Opened **BL 57** to **K 3**, she commented that she could breathe so much better now.
- Resonance to **Hod** and **Malkuth**.

- Resonance to the **double pass Hod** and **Netzach**.
- Resonance to **Netzach** to **Malkuth**.
- Tummy rub in a clockwise direction with a **Cylinder of light**. I felt a distinctive resistance in the flow of energy in the transverse colon near the splenic flexure. The cylinder of light was able to pour the energy into this area to reconnect the flow of qi. This will help to restore the peristalsis function of the large intestines.

My client was in amazement that she felt so good. She never really thought anything would be able to make a difference to her chronic condition. She has no pain. Even when she sat up she was amazed there was no pain in her abdomen.

I taught her how to tummy rub and explained the benefits to do this regularly.

She feels awesome and didnt realise the discomfort that she was in because that is all she knew for many years.

As she left, she commented – *"I feel like I have sunshine in my belly."*

Treatment – second session

My clients stopped all her medication and her belly remained soft and supple for three days then her abdomen started to become hard as she had not passed a motion.

During this time she had noticed that she was making really good choices in regard to her wellbeing. She also noticed, she was letting go of issues and situations and injustices that didnt concern her. Before her session she would take up other peoples injustice and fight for it.

Her thought processes has changed as she can step out of her immediate reality and look at the big picture before reacting this has given her insight and a better result in resolving issues.

On the sixth day after the session, no signs of a bowel movement and her belly was hardening, she decided to use a glycerine suppository and a dose of fleet. Afterwards she felt it was a waste of time. There was still no bowel movement.

She then made a health conscious decision to change her eating habits. She cut out gluten and dairy. On day 3 after this decision she delivered a perfectly formed poo and has done every day since.

She has been tummy rubbing every day. My client is extremely happy with these results.

- Open **Netzach**
- Staying at **Netzach**, released **the fear of losing my babies**, it was a good release.
- Staying at **Netzach**, released **battles in my life**, huge change in energy. The client was seeing a slide show playing backwards from now back to when she was pregnant going through all her battles. Then she felt a mass of energy approx. 10cm (*emotional field*) in front of her naval and collapsed with a clunk into her belly and dispersed out through her base.
- Staying at **Netzach**, released **struggles in my life**, the client became anxious and asked to change the wording to **my life struggles** and bingo she felt the energy let go and disperse through the crown and base.
- **Windgates** balance, the **liver, left intestines** and **left kidney** was cold. Burned off the relevant marshes.
- Open **SP 16**, it felt like glue, released **my journey**, this point freed up and opened.
- Grounded

My client is super happy with this session and grateful to be able let go of all emotions that has been causing her body harm.

I recommended for her to continue with the tummy rubbing daily.

Result/ How it was resolved

My client now has regular daily bowel movements. She is not in any pain. She is delighted and excited to live a full life without pain and drugs.

Fear was the major block for her, but it was the lack of discernment that also robbed her from leading a normal life for the past 6 years as she was not in touch with body. So once the fear was addressed, discernment came to the fore front. She could finally making conscious choices to benefit her life and make a difference.

My client told me – *"I have a better awareness of my body. I know when things arent right for me and I am not hanging onto matters that dont concern me. (This was a huge shift in this woman), and I do not fear my future anymore. I have truly changed."*