



Practitioner Case Studies

Case Study 1 for Michelle Crowe June 2012

The Person & Complaint

A 26 year old female came to me for treatment of infertility. She had 3 miscarriages one before the birth of her 3 year old twin girls, one in September 2010, spontaneous at 6.5 weeks and the other in February 2011 the scan showed no heartbeat at 7 weeks. Other health issues include mild lower back problems at T5 and tilted pelvis with one leg shorter. Grinds teeth at night and headaches. She works as an Anaesthetist, mainly delivering babies. It is a stressful job working shifts, her husband is also a Doctor.

The Story & Emotions

She said she is desperate to get pregnant. Her job is stressful and she controls all aspects of her life, her husband is also very controlling. He wants to have a boy so he only wants her to conceive on the day just on ovulation so she has to take her temperature and monitor her cycle all the time.

Dad died last year and she is in a nasty legal battle with his partner because her father left everything to the partner so she has had to contest the will. Mum died when she was 21, she misses her.

The Energetic System

She has blocked shen tao, the pericardium from grief and sadness from fathers death, and mothers death at 21 plus the grief from the miscarriages and hatred towards fathers partner. Also holding Gevurah from resentment with fathers partner. From stress/worry she has blocked netzach which through the double pass has congested Hod and the divergent stomach channel through the sacro iliac joint (creating the different leg lengths and back pain) as well as the gallbladder (control and anger) and bladder channels. Possibly also the belt channel, also the TMJs from the teeth grinding.

Treatment – first session

We talked, we discussed how holding and controlling your emotions contracts your body, how the energy needs to flow from the heart to the baby. Her whole body was so tight I decided to work on the heart first. I opened Shen Tao to PC9 on the right hand. It felt very tight and prickly talked about fathers death, no time to grieve. Released hatred, bitterness and resentment with fathers partner. She became very emotional sobbing and the centre started to move with lots of pain. Explained cup of poison and forgiveness. Talked about Dad being angry with him for dying, felt pain PC9 and in heart, lots of heat, Angry with Dad for not looking after himself giving up and drinking. Felt centre start to flow PC9 still some congestion. She said she felt much lighter that a weight had been lifted off her shoulders. I told the client that she may be emotional for a couple of days after session.

Treatment – second session

Client had a good week she felt lighter and happy that she had let go of some of the emotional stuff. I opened St4s to release pelvis and leg length, right side was blocked and took a while open. Showed client the difference in leg length beforehand. Then opened TMJs very tight and painful. Took 30 mins to clear. Client felt jaw relax completely lower back pain gone. Explained the connection between the throat and Yesod. Relax jaw, relax cervix.



Resonance to Gevurah talked and released resentment towards other pregnant women, new mums and babies, very congested/heavy started to move, needs more next time.

Talked about the inner smile meditation importance of stilling the mind.

Treatment – third session

Had a couple of emotional days after last session. Feeling ok now no back pain, jaw is better no grinding.

Resonance to Geburah talked about resentment towards fathers partner, big release centre opened.

I then opened Shen Tao to PC9 talked about sadness around mothers death the Shen tao to Yesod talked about first miscarriage, released feeling sad, losing you baby, I open my heart to you baby love you and let you go, very powerful release client crying.

Talked about 2nd miscarriage at work, she was just about to do a Caesar list, very distressing, sad, open heart to you baby love you and let you go, angry, alone.

Resonance to Hod - Talked about husband not supporting her and being there for her, released feeling disappointed by him, pissed off, dishonoured. Heart and PC9 cleared.

Treatment – forth session

Feeling happier, not so sad about miscarriages. Opened Shen Tao still feeling congested, Talked about trusting and control, how she controlled her life, she realised she closed her heart to people not trusting anyone anymore. Talked about fear contracting the body. Release fear.

GB organ to GB 34 talked about control of getting pregnant, controlling life, gallbladder went crazy lots of noise, she felt it releasing she understood how her thoughts/emotions were affecting her body. Opened GB41 belt channel.

Resonance to Netzach, not moving, talked about being worried about losing baby, about not getting excited about being pregnant incase of miscarrying it, so she was ignoring the baby not sending them any love or attention just incase. Release worry about getting pregnant because may lose baby. Worried about it not being a boy, pressure from husband to have a boy.

Treatment – fifth session

Thinking of trying for baby this month, talked about most recent miscarriage, she felt very sad. Tipperth to Yesod, open heart to you baby love you and let you go, I release pressure around having a baby, desperately wanting a baby.

While resonating to Malkuth, talked about fear of losing the baby fear of getting pregnant and fear of feeling the pain of losing baby again.

Treatment – sixth session

Ovulation time so gave client a Circulation of light. Client felt energy moving in her body. Binah and Chochma congested. Open male and female poles next session.



Treatment – seventh session

Client was secretly happy she was not pregnant because she is going on holiday to Thailand and wanted to have fun and drink while away. I told her now that she had dropped the desperation and control around getting pregnant she had a much better chance of getting pregnant and keeping the baby to full term.

Open male and female poles. Opened heart to Yesod, energy flowing between both centres, felt good, whole body has relaxed dropped the control and fear.

2 weeks after her return from her holidays she told me she was pregnant.

Treatment – seventh session

Week 39 heart balance, pelvic alignment balance.

Treatment – eight session

Week 40 heart balance and opened base.

How was it resolved

A healthy baby boy was born in May 2012 (a natural birth after a caesar for the twins.)