

Case Study 6

The Person & Complaint.

A 38 year old man presented with Sciatica. Ten years ago he was diagnosed with a bulging disk between L4 and L5. He went to Pilates and “fixed it” though he ended up with sciatica pain since then, which has really been troubling him for the last 7-8years. The pain from his sciatica would go up to 8 out of 10 especially after doing yoga. But it would usually hang around 6/10.

The previous week he did a back bend on a Friday and spent the weekend in bed because of the pain.

The Story & Emotions

About the same time that his back problem began, he was in a relationship with his current wife. They were engaged to be married, but he tried to back out of it, although he still wanted to be with her, just not ready for marriage. She was upset by this and bitter. He started to withdraw from her and started getting into drugs.

He has had a fatty liver since he was 20, due to indulging in a lot of drugs. At 20 he also had a hash induced Psychosis.

The Energetic System

Hod to yesod appeared to be blocked, in relation to feeling as though he hurt his wife.

The gallbladder meridian was definitely blocked, as this was where his sciatic pain was flowing. This also made sense due to his fatty Liver.

He also appeared to have blocked his belt channel.

Treatment – first session

Started the treatment with GB44 and 41. This was really dull and blocked. As it started to move it became cold and shivery. As this started moving, I went to GB43 and BL 66 to Hod. This was really shaky.

The gallbladder channel released a lot of cold and then started paining slightly.

Treatment – second session

His Sciatica had eased but only slightly. Still 5/10 on average.

I started by opening the belt channel at GB 41, and then went to GB 44. The channel was flowing more than last session but was really hot.

Had him release control. This got the channel flowing more but was still very hot. His back then started paining at around L4. I cleared the spinal meridians at that point, but this started the Sciatic pain quite badly again.

The back pain started to become less but deeper.

Release work around judging himself and being guilty about his wife, and dishonouring her, on Hod to Yesod. This cleared the pain in the back quite quickly.

Finished with GB30 to GB 43 and BL 66.

Treatment – third session

The Sciatic pain was gone for a couple of days during the week, but came back to about a 4/10. .

Opened Yang heel and Gov vessels. These were really hot.

Then the belt and yang linking channel.

Then back to BL66 and GB 43. There was still a bit of pain but it was flowing much better.

Required parameters are missing or incorrect.

Finished with GB 30 to GB 44.

Treatment – forth session

Pain was only an intermittent 3/10. Still felt a bit stiff in lower back although no pain as such. Balanced the Perineum to L4 and L5.

Continued to clear the GB from 44 to GB 30. This was a lot more flowing and only a slight amount of pain.

Finished with GB 43 and BL66.

Treatment – fifth session

The client reported being mainly pain free during the week with only slight twinges about every couple of days.

I just cleared the Gb meridian from GB44 and 41. This open well and felt flowing.

How was it resolved

The client reported no pain the following week. I suggested he have some liver flushes.