



Practitioner Case Studies

Case Study 8 for Michelle Crowe January 2013

The Person & Complaint

A 49 year old male came to me for treatment for Lymphodemea in his left leg. He has had it for 6 months. It developed soon after an operation to remove a cancerous melanoma behind his knee and lymph nodes in his groin and abdomen. Pathology results were clear for the nodes, so no need for chemo or radio therapy, he was given the all clear. He wears a compression bandage on his whole leg, to help with swelling and the heaviness, he has no pain as such. He is embarrassed to have to wear compression with shorts. He is having weekly traditional lymphatic drainage which helps for a couple of days. Other health issues include kidney stones at 18 years old. Severe twisted ankle, on lateral side of left leg 10 years ago.

The Story & Emotions

His girlfriend left him the day after he was diagnosed with cancer. He was really angry with her 'because she was just thinking about herself,' so he told her to f**k off, and she did. Resentment grief and sadness that she left at his time of need. Felt abandoned and dishonoured by her, fear of being alone. His mother died when he was 12 and he was sent to boarding school. His whole world changed. Hated boarding school was lonely and afraid. Missed his parents. He has lots of stories, "How could his ex girlfriend do this to me!" and is very disconnected from his body.

The Energetic System

The trauma of losing his mother and being sent to boarding school meant he protected his heart (Shen Tao) and congested the pericardium meridian plus the anger, sadness and grief that his girl friend left him. Fear affected the kidneys, kidney stones and being pissed off has affected the Bladder meridian which runs through the spot where the melanoma was at BL 40, the back of knee. The Bladder channel is affected by fear as is Malkuth, survival fear. Spleen governs the lymphatic system would be affected from all the stories. Hod from dishonour and fear and Netzach from emotional fear and blame. Stomach from worry that his leg is not going to get better. The scar at the top of his leg is 10cm long and very hard, the stomach and spleen channels are both affected. Scar back of knee 5cm hard bladder affected. Scar in groin, liver channel affected. Scar in abdomen, stomach runs through it too. Scars are preventing fluid and qi from flowing properly through the affected areas, acting like a dam.

Treatment – first session

Shen Tao to PC9 both sides. Shen Tao not moving at all got him to talk about ex girlfriend, he felt pain in his heart talked about resentment, anger and felt deep sadness. Shen Tao started to move lots of pain in my hand, pain in channel too. He felt a bit lighter. I decided to come back to that, moved on to the leg. Hod to back of knee BL40, left leg felt very disconnected, talked about feeling dishonoured by ex, let down, abandoned at his time of need. Client talked

about stories from his childhood, abandoned by his mother and father. Hod felt very heavy, started to feel connection to his leg. Taught the inner smile. End of session.

Treatment – second session

Client felt emotional for a couple of days after last session. Still upset about his ex, but felt heaps better. Although he can't find forgiveness or move on. Talked about how holding on damages the body. Shen Tao to PC9, f###k you girlfriend, released resentment anger, rage. Shen Tao moving, much lighter. Hod to knee, after while got them connected. Hod much better. Hod to BL 40 pain in channel took a while to clear, talked about being pissed off with girlfriend and Dad. Lymph drainage to left side of body, energy stuck at scar at top of leg. Not moving up properly. Spleen very congested, Spleen to Shen Tao. Resonance to scar really softened. Client could feel the difference, told him to massage scars everyday, as they were acting like dams stopping the fluid from moving out of the leg. Ran through inner smile. End of session.

Treatment – third session

Client felt really angry and pissed off for a couple of days, feelings about his ex were intense. He recognised that by working on his leg it released the emotions and how holding on to ex was keeping him energetically connect to her and this was preventing his leg from getting better. Now he understood he felt he could let go. His leg felt lighter. Fluid level in leg was 17 now 16.1, a slight improvement, swelling was down too. He was very happy to see it had gone down. K1's then to Malkuth, survival fear, fear of dying of cancer, fear leg not getting better. Strong resonance then cylinder of light to scar top of leg, softened then lymph drainage to left side, fluid moving better not so much resistance, Opened channels either side of scar, Lr 7 to Lr 11. Spleen 9 congested to scar, needs more time. End of session.

Treatment – fourth session

Feeling much better, leg not so heavy. Swelling down. Ankle still swollen, knee cap sore. Has had upset stomach. Resonance to scar in abdomen, stomach channel runs through it felt blocked, stomach organ to Netzach, blame, then Stomach organ to St36, lots of pain in channel. St45 to patella felt energy flowing in his leg tracking stomach channel. BL67 to BL40. BL62 strange-flow, helped ankle. LR1 to LR7 knee gate. SP9 still very congested, (resonance to spleen organ in balance whole of next session). Then GB organ to GB34 released anger and control. GB44 to GB34 left leg channel cleared. End of session.

Treatment – fifth session

Much happier, leg lighter, no pain in knee, swelling down in ankle. Fluid levels down from 17 to 13. 10 is normal a great result. Talked about self nurture being kind to himself and his body. Did a full lymphatic drainage to whole body. Fluid flowing better through the scars. End of session.

Sixth treatment and How was it resolved

Feels like he has let go of ex girlfriend moving on, joined RSVP, had a date in the week. The fluid was now down to 11 from 17, normal levels are 10. He couldn't believe the difference. He thought he would have this swelling for life. Some pain in C7, resonance to Gevurah talked about holding on to old patterns, ways of being, mum and dad. Finding forgiveness. Gevurah to Chesed, hermit loneliness, speaking truth, embarrassed about wearing compression sleeve. Told him to come back for a Lymph drainage in a couple of months, or if swelling came back sooner. I received a text to say his leg was great swelling stayed down.