



Practitioner Case Studies

Case Study 6 for Michelle Crowe December 2012

The Person & Complaint

A 58 year old woman came to me for treatment for a swollen uterus, all her clothes felt tight around her abdomen, her uterus felt heavy and uncomfortable, the lining was 10.7mm, her doctor advised it should be around 1.5mm. She felt like she was 5 months pregnant. She also had multiple fibroids and a 10mm polyp. She had been advised if the lining didn't reduce she would have to have a hysterectomy. She was due to go back for another ultrasound in 3 weeks, if no improvement the gynaecologist wants to operate, she doesn't want the surgery. Other health issues include tender breasts, mild pain at the GB/liver and sore knees at the patella and medial on SP channel, which are becoming painful mostly when walking up stairs, 5/10.

The Story & Emotions

Her father rejected her when she started puberty he was unable to relate to her, so she hated puberty and disliked her breasts, because she lost her fathers love. Her mother called menstruation the curse, there was a family pattern of not liking being a women, she always wears trousers. She was only recognised for being a good girl so she held her emotions in. She is a worrier (worry's about everything) and is fearful. She had a termination at 20 and has felt guilty since. Now has 2 children, her daughter self harmed as a teenager, she felt a failure as a mother. Earlier this year her son announced he was homosexual, she has had gynaecological problems most of her adult life, but the latest problem started around this time, this was very traumatic, she was devastated, angry and sad and felt guilty about feeling this way, she has not shared this with anyone except her husband. Wondered where she had failed as a parent.

The Energetic System

Her relationship with her father, rejecting her femininity, the termination and her relationship with her son, the catalyst, plus the guilt would all affected Yesod plus her inability to express how she was feeling about it too would congest Chesed (plus the soul correspondence). She appears to have blocked netzach from all the worry, (worry also affects the knees), and which through the double pass has congested Hod, as would the abandonment issues and not feeling good enough as a parent. Holding on to anger may have affected the GB/liver causing the pain. Breast are tender at the PC1 point both sides.

Treatment – first session

We talked, I then opened Shen tao to PC9. It felt really painful, my hand ached as talked about her Dad, she felt angry with him, talked about holding on to anger, closing her heart to her Dad (cup of poison) she felt pain ease in her heart, soreness in her breasts too, "open my heart to you Dad love you and let you go", sadness, he died 2 years previously felt a big shift in Shen Tao. Then opened Tipereth to Yesod, Yesod was lifeless.

She talked about her childhood, problems with mum and dad, then about the termination, said she had never discussed this with anyone, felt guilty too. Pain in the heart “open my heart to you baby love you and let you go” Talked about her son coming out, lots of pain and a big reaction in Yesod, this was a traumatic time for her and the problem became much worse for her at this time, blames herself. Released guilt, “I open my heart to my uterus”. Her heart opened and Yesod balanced too, big shift in Yesod. She felt much lighter. End of session.

Treatment – second session

Felt a weight had been lifted off her shoulders emotionally. Her uterus is less distended, clothes fit better, uterus doesn't feel uncomfortable. Had some pain in her liver (near the GB organ) after last visit, and mild head pain at occiput. Feeling overwhelmed with work this week, felt blocked not able to move forward. Son lost his job felt she had a sword in her heart.

GB organ (released lots of air bubbles) to GB34 pins and needles then settled, client felt pain in Shen Tao too, GB divergent goes into the back of the heart. Angry son lost his job, GB organ to Tippereth, pain eased at Shen Tao, she felt pain at Binah. Shen Tao to Binah (control) sword, pain in both began to move, client felt sadness about son, why me? story. Felt heart ease, sword dissolved. I then opened Chesed, it was not moving at all, “released feeling hurt/humiliated”, not speaking her truth, she felt a lump in her throat we talked about swallowing anger and emotions not expressing them. Chesed to Yesod, Soul correspondence balanced really well.

Talked about the inner smile, meditation. End of session.

Treatment – third session

Felt emotional for a couple of days. She is becoming aware when she is holding emotion. She is starting to feel the connection, between worry and her knees, worse when she is stressed. Talked about embracing the feminine in her body, accepting her self, female pole Binah (ached) to Malkuth (Malkuth felt very heavy), male pole Chochma to Yesod, Hand on knee to Yesod, knee jumping as she talked about her son. Knee pain from 5/10 to 3/10. End of session.

Treatment – forth session

Her Doctor was amazed at the change in the ultrasound results, uterus normal, polop gone. Fibroids reduced down considerably. Has had a stomach problem this week, wind, burping irritable. She is scared about not having a crutch, as in she has always had an illness not sure how she will be without one. Knee pain 3/10.

Stomach organ to ST36 very sore, talked about worry, work children, then Netzach very tight, blaming her self for not being a good mother, then on Hod, self worth, not feeling recognised abandoned, then Netzach to Hod, after a while felt them balance talking to each other. Yesod to Malkuth, scared. Opened knee gates Sp9 (extreme pain (stories) and Llv7 both very blocked. Spleen felt spikey, lots of noise felt tight. Then Spleen organ to Shen Tao, Spleen settled. Knee pain now 1/10.

How was it resolved

The ultrasound showed a reduction in the lining of the uterus from 10.7mm to 1.5mm. No need to have a hysterectomy. Client was very happy. 10mm pollup gone completely. Knee pain after testing on stairs, now only 1/10 much better.