



Practitioner Case Studies

Case Study 12 for Michelle Crowe January 2013

The Person & Complaint

45 year old male, came to me with a fractured right ankle that was not healing, pain 7/10 when walking, 4/10 when still. He slipped over 3 months ago. He didn't realise at the time that he fractured his ankle. Cracked his Tibia, the tibia is on the medial side of the leg, the doctor and physiotherapist could not understand why it was not healing or why he was still in pain and his ankle was swollen. "He is pissed off with his ankle." He had tried everything and was desperate to be able to walk again, he told me he was willing to try anything, but was very skeptical Acu would be able to do anything. He could only walk with crutches, they said he should be off them by now. He had a bike accident few years ago and damaged his spleen. His health was good other wise.

The Story & Emotions

After his accident he walked to the bus stop, it took him over 40 minutes. He was angry because it was pouring with rain, he was in pain and he didn't have an umbrella. 20 minutes into the walk/struggle he bumped into his brother, whom he had not spoken to or seen for over 10 years. His brother had betrayed him and his other siblings and he was unable to forgive him for what he had done, so it was a big shock to see him and brought up all sorts of emotions.

The Energetic System

Sephira to injury, he had locked the ankle via elines to one of the sephira and the energy was not flowing to the ankle to enable it to heal. He bumped in to his brother and was very angry with him, affecting Yesod, possibly Malkuth too. Would also need to open Netzach to ankle sephria connection. From the accident some of the meridians would be blocked on the medial side of the ankle. Tippereth and PC for not being able to forgive his brother. Pain radiating up his leg to the back of his knee, could be because he was pissed off his ankle, so bladder channel would be affected.

Treatment – first session

Hand on ankle to Yesod, got client to talk through what happened the day he broke his ankle, lots of anger. Pain in Yesod and in ankle, not talking to each other. As he talked about his brother Yesod went crazy, client felt pain increase in his ankle and then subside. Now 2/10 when still. Then hand on ankle to Netzach, talked about blame and resentment felt energy moving in his ankle. Then opened SP1 to SP9 very congested, SP6 meeting point of LR, Sp and Kidney channels, K6 strange flow, then LR1 to LR7 talked about how angry he was with his ankle, channel not moving much. Then opened Shen Tao to PC9, LR up down pair, sharp pain in channel talked about releasing anger with his brother, finding forgiveness for him, accepting his ankle, not disconnecting from it, channel felt better, centre started to move and let go. Then LR3 to LR7 channel opened through ankle. BL62 strange flow then to BL67 then BL62 to BL40 sea point of Bladder channel back of the knee. Pain now gone. Got client to get

up and stand on ankle now 1/10 when walking. Felt mild pain on shin bone, back on table opened St 45 to St 36. Injury to Spleen organ, story, very contracted, then softened, the pain cleared completely..

How it was resolved.

Talked to client about taking it easy for next fews days allow his ankle to heal. He got off the table with no pain and was able to walk without crutches, he couldn't believe it! He phoned me to say he had walked around his house for the first time in 3 months.