



Practitioner Case Studies

Case Study 11 for Michelle Crowe January 2013

The Person & Complaint

39 year old female was diagnosed with Hairy Celled Leukaemia a month ago. It is very rare form of Leukaemia and very slow to develop production of white B cells are greatly reduced and the communication is broken. She is devastated. Specialist has given her some time to explore some alternative options before having chemo. He will monitor her blood over the next few weeks. Her symptoms include being exhausted all the time, both physically and mentally. Other issues include bad period pain a few days before it starts, lower back pain and sciatica in right buttock and hip, some pain in sides of her breasts. She had a life threatening melanoma on her arm at 20, it was removed with a clear margin.

The Story & Emotions

Her parents separated when she was 3 years old, Dad remarried and she felt replaced by her step mothers 3 kids, leading her to feel abandoned by her Dad. She then lived with her Mum, whom she later cared for as she was sick for over 10 years. Her mum was never really a Mum to her. Her Mum was diagnosed with lung cancer when she was 17. She cared for her until she died after a traumatic six months at 49 years old. She didn't feel safe or loved. After her mothers death she felt she lived in a daze for 10 years, numbing herself to cope with life. She then moved in with her Dad which was awful, she felt resentment towards him. Soon after her Grandmother died, so she moved in with her Grandfather and cared him for 10 years until he died. After his death she felt very sad he left her his money, so she doesn't need to work and her aunty wanted a share of it resulting in family conflict, feeling betrayed and not trusting of life, as all those close to her have left her except her husband.

The Energetic System

She has spent her life putting others needs before hers. No self nurturing or self love, has hated her breasts since 12 years old and was embarrassed (Chesed). She doesn't like her body, preventing the shen from flowing in the body. Hated being a girl and having periods congesting Yesod. Resentment towards Dad and Step Mum affecting Gevurah. Is now married in a good relationship, but doesn't trust in life blocking Shen Tao. She is stressed, doesn't feel safe in herself or the world. She has a fear of her husband leaving her, as all other people close to her have died, therefore blocking (Malkuth) and worries a lot (Netzach), which through the double pass would have congested Hod (plus Dad and other family members abandoning her) and affected the kidneys, governing the bones and bone marrow, (kidney qi). She is very hard on herself, lack of self worth also Hod, and is scared of failing, is a perfectionist (over structures) and controls her life also affecting the Gallbladder and Binah.

Treatment – first session

Spent most of the first session discussing the story and the emotions involved. Resonance to kidneys then opened K1's both sides very shaky, then opened Malkuth to K1's, Shen Tao to PC9, more time next week. Talked about importance of meditation.

Treatment – second session

She has been doing the inner smile everyday. We talked about how she lives her everyday life, controlling everything, how she could change it for the better. Learn to live in her heart.

Needing to slow down, reduce the list of things to do everyday, make less social commitments. Be more aware of her habit of putting others first and to notice when she was putting herself in disregard, start to do things to care for herself, self nurture reconnect with her body in a good way.

Both hands on Kidneys, kidney love, kidneys distribute qi to the whole body and governs the bones and bone marrow production. Very contracted, sharp pain on right side. After a while I felt the kidneys relax and then her whole body. Shen Tao to PC9, hand on, prickles and pain, she felt tightness in her upper back. Emotionally she felt anger, talked about her father leaving her at 3, released anger towards him, then sadness. She felt abandoned by him, Shen Tao to Hod, hod heavy, not moving, talked about feeling let down, got her to really feel the emotion and let it go, release closing her heart to him, open her heart to him. Released feeling unworthy of receiving love. Resonance to Shen Tao talked about mum, mums death, big response in the heart centre, sephira moving and feeling lighter. Went over the inner smile. End of session.

Treatment – third session

She had more energy this week and felt lighter emotionally. She was slowing down her life.

"Got off the express train." She had some period pain and was in bed for a day with it.

Discussed how her life no longer needs to be governed by her past, she has a choice. Talked to her about finding forgiveness and understanding how her attitudes and emotions are blocking her from moving forward, also about accepting and loving her self and her body.

Worked on K1's to get her to feel her body. Then Tippereth to Yesod, very contracted, sat on it for a while, then she talked about her mother. Felt pain in the centre as she talked. Mixed feelings of resentment, love and sadness for her mother. Talked about hating having periods being female. She often told her womb she hated it because it caused her pain. Had to shake hand to clear pain. Then Chesed, soul correspondence to Yesod. Chesed tight, client felt lump in throat, embarrassed being a girl having breasts. Talked about hating her body. Tippereth open heart to her womb and her breasts. Shen Tao to Spleen. Balanced and felt good.

Taught her to say "I deeply and completely love every cell in my body" every day before meditation, she could feel how her body felt good when she said it. She understood how much her negative thoughts were affecting her health. End of session.

Treatment - fourth session

Feels like she is coming out of the emotional fog, less fear. Soreness in breasts has gone, energy levels ok. Pain started in the hip 2 days ago 6/10 running down leg, right side in GB channel and sore lower back. Opened GB organ to GB 34 organ loads of noise while releasing, sharp pain GB34. Talked about control and anger with her mother not taking care of her. GB 30 to GB 34 then belt channel GB41. Pain cleared in leg and in lower back. Then opened St organ to St 36 and then Netzach talked about worry living in her power making the right choices for her. Hod self worth, then Netzach to Hod took a while then opened. Leg and Hip feeling much better 1/10. End of session.

Treatment - fifth session

Client has been for blood test, Platelet count has dropped, VLA muscle function has improved, hydration has improved, cell fat mass has improved. Good result, she is very happy that the results going in the right direction. The specialist is happy to leave chemo for another couple of months see how things go. Client had a colonic last week and had a big emotional release about letting emotions go, hasn't felt safe to let go in the past, she now understands how the holding in has been affecting her. Has mild pain in C7 and up the TH & SI meridian in the arm. Kidney love then opened Gevurah to TH1 heat and prickles. Then Gevurah to SI3. Pain in neck cleared. Opened Strange-flows CV and GV. Binah to Malkuth female pole. Binah really heavy talked about control and surrendering, took a while for both to open and client felt her spine stretching as it opened. Then Chochma, to Yesod male pole.

Treatment - six session

Feeling a bit flat emotionally, realised she was taking on the illness as a project and controlling everything, doing too much. Strained a muscle in her right leg, very painful up the liver meridian. She had been feeling guilty about inheriting money, aunty is bothering her again. Hand on knee to Netzach, knee jumping, then Opened LR7 knee gate, pain was radiating from the knee. Then LR7 to LR2 pain cleared. Tippereth to Netzach discussed fear, blame, aunt and grandfather. Tippereth to Yesod talked about guilt, Yesod really painful then subsided as she let go.

Treatment - six session

She is letting go of most of the control, but it now feeling a bit lost! She now needs to learn a new way of being. Pain in back of the left knee and back of heart. Hand on back of knee BL40 to Hod talked about fear. Then opened BL67, client felt energy in the channel rising all the way to the eyes. GB44 took a long time to open but finally started moving got to the hip. The Shen Tao to PC 9 released not trusting, protecting her heart, open heart to herself. Accept love.

Treatment - seventh session

Feeling much better emotionally, more energy too, she learning to no longer put herself in disregard. Gave client a lymph drainage, to boost the spleen too. Spleen felt tight at first, Took a while to flow around the chest and the groin.

Treatment - eight session, how it is resolved/progressing..

Great news blood test showed less hairy cells, premature cells less too, ratio has evened up, really good news. She is feeling like a different person. She has changed her life in so many ways. Loving her body again. Meditating every day. Still getting some period pain, jaw has been tense too, mild back pain. Gave her some kidney love, she could feel the kidneys relax, aware when she is stressed and how it affects the kidneys. Then opened SI19's, 3 gates took a long time to clear. Then GB44 left side, opened to the eye, she felt energy in the channel. Then Hod to Shen Tao. Shen Tao to Gevurah and Binah. Yesod talked about her habit of feeling guilty, then Hod to Yesod then opened double pass help qi flow in the body. She booked in to do level 1 and is keen to understand more about how Acuenergetics works.