

Case Study 8, Soiling at school, 6yo male

The Person & Complaint

W is the son of D, case study 7.

He is the youngest of 4 children: 3 older sisters 14yo, 12yo, & 9yo.

Greek Orthodox family.

Maternal Grandmother died suddenly just before Mum fell pregnant with him. Mum was overwhelmed with grief for Mum and felt guilty for her near suicidal thoughts.

W was quite deaf early on with ear infections.

Became verbal late, at age 4.5years

Had 'lazy eyes'. Both operated on age 5.

The Story & Emotions

Mum depressed after her Mum's death – blotted life out.

I think W has been seeking out her attention around 3 older sisters and Mum's depression.

W was recently diagnosed with mild autism

He is accident prone and very restless.

He soils his pants/opens his bowels 6-7 x day.

Paediatrician says it's constipation with overflow.

Mum works part-time so as to be available for the frequent calls from school to come and change W's pants, as they refuse to deal with soiled pants.

The Energetic System

W's energetic system will be a strong reflection of his mothers'.

She was blocked in many centres such as heart & Shen Tao (grief, lack of trust), Throat (anger, not verbalising), Sex (Strong Greek Orthodox, guilt)

W also has congestion in Base (fear, no earth connection), Crown (lack of connection to Universe), Bina & Brow (turned eyes & deafness) and Kidneys (fear).

Treatment – First session

Took a full history, while W roamed around clinic room investigating things.

W speaks very fast, makes little eye contact, is restless and wants to know what everything new is. He is not stupid.

Worked on W while he was sitting, so he could 'keep an eye on things'.
Binah to Brow both very blocked, managed to get some movement happening.

Heart balance: Both front and Shen tao very blocked, only a bit of softening achieved.

Mum then got out a portable DVD player to keep W occupied.

Crown was not connected at all initially, but some 'warming up' did occur.

Lying on side, resonance to kidneys/Hod to K-1's. Kidneys very sore.
Did Binah to Base (female pole). Base very blocked initially, softened a bit, eventually.

Discussed encouraging W to sit on toilet at the start of every school break, after eating his snack/lunch. To keep the bowel motions in his awareness and establish a routine.

Treatment Session 2

10 days later.

Soiling/wetting has reduced from 1-2 x day, to once a week.
W is more settled.

Did Binah to Chochma & Crown. All feel much better from 10 days ago and opened to some extent.

Hod also felt better: hot, not wild like 10 days ago.

Spent some time on his sacrum & base. Mum was scared of not being able to cope with this pregnancy/child as her Mum died just prior to his conception. She feels guilty about her feelings.

Session lasted 40min again (young child with limited attention span).

I spent the next 30min, talking to Mum while we watched W play with my children's climbing equipment, swing and dogs. Mum got very anxious when W climbed up high, got wet in the tall winter grass or fell over – doing what normal 6yo boys do, if they are allowed to. He played happily!

Treatment session 3

Came back 4 weeks later.

W was accident free for 3 weeks, then started wetting himself at school last week and occasionally soiling.

Opened up Shen Tao to sacrum to ease bad dreams, in case he'd had a recent fright.

Kidneys were very blocked.

Opened Base and Crown. W was very restless until Crown opened, then settled.

Talked to Mum again while w played outside.

Mum knows she's being over-protective – scared that w will hurt himself.

I explained that W's rebelling against the 'babying'. W need to have more creative and physical outlets to burn off his (bottled up) energy and to be able to extend himself.

Turns out that W has never seen any family member sitting on the toilet. Mum had 3 daughters who sit for every toilet session. It hadn't occurred to her that W may need modelling to know that he needs to sit for a bowel movement, not stand like when urinating.

Mum was in no way going to let W see her sit on the toilet!

I suggested she ask her husband to show W how to sit on the toilet to open his bowels.

Treatment session 4

5 weeks later.

Dad had been more than happy to show W what to do in the toilet and to compare results!

Went to QLD the previous week.

W now doing poos in the toilet. Strange toilets whilst travelling in QLD were a problem at times, but overall OK.

Wets bed at night only once a week now, compared to every night.

Prep kids are still doing meditation at school.

Opened Hod to Netzach, Netzach quite congested

Netzach to Base. Base quite congested

Heart to Shen Tao. Heart somewhat congested.

Heart to Geburah

Heart to Crown

Crown to Base

Came 'alive', acted like a normal 6yo, once crown was opened.

Result/ How it was resolved

W improved in all areas of toileting and bed wetting.

His general behaviour and demeanor also greatly improved

Treating Mum over a longer period, helped W improve as well and maintain these improvements.