



Case: Dizziness and mild shaking

The Person & Complaint

A 73 year old female was experiencing bouts of dizziness and when I looked closely at her head mild shaking was visible. She had been to a Dr and they did not find anything. They suggested that more tests were required to maybe confirm Parkinson's disease. Her main concern was the dizziness. She was taking care of her partially blind husband. She was afraid of being unwell as she did not have anyone else to lean on to help her care for her husband. She had a fear of dying and life was a "struggle". She saw her situation as being unfair. She was the mother of 4 children and had taken care of them pretty much on her own. They had all moved away and now she was completely alone.

The Energetic System

The bladder and kidney channels were affected by the fear as was the base which energetically blocked through the survival fear. Worry had blocked Netzach and as it is part of the lower triangle it had also congested the kidney gate at the back. She had been giving too much most of her life. Or giving herself to take care of others as a result of this Hesed was blocked and she was very frustrated so Gevurah was also affected. She was trying to be brave and control her illness which put a lot of stress on the Heart and Binah. Her heart was very prickly and hot.

First session

The priority for this session was to work on alleviating the dizziness my client was feeling. I spent some just doing resonance to the field to calm my client and I worked on PC4. I started by opening the base and this took a very long time. I also opened GV20. I opened TH 17 and did resonance to the vertigo line 1 ½ cun above the tip of the ear on both sides. My client reported feeling mildly better.

Session 2

My client arrived and said that the dizziness had improved by 50%. She was still very concerned about it. I opened the Base again, Base to Binah, and TH17. I also did resonance to the vertigo line again. I held her feet near the Achilles tendon and did some resonance. We also did some release work around being afraid. Afraid of not being well, afraid of dying and afraid of not being able to take care of her husband.

She reported feeling much better-no dizziness at all. Her body still felt very tight and she wasn't completely relaxed

Session 3

I worked on PC 4 to take out the tension in the heart. PC 6 and TH 5 to relax my client. We talked about relaxing and letting go and holding onto emotions. and not giving too much whilst I opened hesed..I taught the client the inner smile. She was much calmer and the dizziness had gone. I opened BL 62 and SI 3 along with GOV 20 and GOV 21.

Session 4

She arrived looking much better but reported that she had experienced mild dizziness that morning. I opened the Base, Netzach, and Base to Netzach for the emotional fear and we did some more release work, I then opened BL 62 and KID 3.I experimented with the four points around GOV 20 M-HN-1.This worked really well. The dizziness disappeared.

Session 5

My client reported no dizziness and she was much brighter.
She wanted to talk about her situation with her family and especially her husband. She was very worried about not being able to taking care of him
I also opened H7 which I find very useful when there is anxiety and worrying under stressful situations. She was really tired .I did resonance to her kidneys and Hod and also opened BL 23.She said that she felt so much better.

Session 6.

I opened PC 9 whilst talking to her about seeing her situation as unfair to help her to view her situation differently. I opened Binah to Shen Tao to address her need to try and control her illness. I opened Binah to the Base, Netzach to Hod .She said that she felt amazing and very open and much lighter. I taught her belly breathing.

Session 7

This session was to continue to try and address the mild shaking. My client had told me that she had been taking blood pressure tablets and a number of other medications for a number of years so I suspected that they could have weakened the kidneys and perhaps the liver. I opened KID 3, KID 6, CONC 4, and SPL 6.

Session 8

As my client was 73 I decided to tonify the liver blood to nourish her muscles and tendons etc. LIV8, SPL 6, KID3 and BL18.I also just did resonance to the liver organ for quite some time and some kidney love.

This resulted in a small improvement with the shaking. I am continuing to support this client by strengthening the kidneys so that they can help nourish the liver. My client continues to meditate and have treatments weekly.