

Case Study 6, Bedwetting, 7yo male

The Person & Complaint

D is the 7yo son of 42yo Case study 5 with the menstrual issues.

Has a history of Urinary Tract Infections (UTI's).

Last UTI was 2 years ago

Gets meatus stenosis every now and then.

Uncircumcised.

Wets the bed 5-6 times/week.

The Story & Emotions

Is cautious by nature.

No obvious playground accidents.

Has occasional nightmares.

The Energetic System

Given their Italian Catholic background, I would there is congestion in the sex area (bladder) and Base (kidneys, fear & caution).

There is also congestion in Hod (kidneys)

There is also heart congestion from picking up on family issues of the parents.

In fact, I was amazed at how similar Mother & son felt in all the above areas!

Treatment – First session

Sex was VERY congested.

From the front I did: Sex to Base

Sex to heart & Base to Heart while asking him to say "I let go of feeling scared," until the centres opened – not long with a young child.

From the back I did: sacrum/sex, again VERY blocked.

Sacrum to Base, Base to Shen Tao & Base to Heart while he again verbalised, "I let go of feeling scared," plus "I feel safe all over."

Mum knew how to do the Inner Smile meditation, so I advised her to take her son on her lap and place her hand over his heart and ask him to talk

about what he was scared of every time she noticed him holding back, being cautious or looking scared.

I met his father at the school 10 days later. There'd been just one night of bedwetting. Dad thought it amazing, as both he himself, and his father, wet the bed until age 12...

Treatment Session 2

Came back a month later.

Mum tells that her son has had asthma for a few years, and that she's noticed, that he's prone to wetting the bed when he starts coughing at night. He only wets the bed 1-2 times per week now, and she is starting to be able to pick that he may wet the bed after he's had a bad day. She's recognising that sitting him on her lap, hand over his heart, asking about his fears/day has helped a lot to decrease the bedwetting.

Asthma is also symptomatic of kidney weakness.

I worked on alleviating the asthma this session:

K 1's to Kidneys. K 1's were particularly blocked.

I then did resonance to the following centres until they were opened, without any releasework:

Heart to Shen Tao

Hod to Netzach

Hod to Base

Kidneys to heart

Geborah to Heart

Geborah to Lung 1

TH 1 to Shen Tao

& Ht-9 to Shen Tao as he'd cut his little finger in the playground that day

Result/ How it was resolved

Asthma was much reduced, as was bed wetting, which ceased altogether within a couple of months.

He and his parents were both very happy with this outcome!