



Case: Back Pain

Age 51

The Person & Complaint

My client came to me with severe lower back pain that he had been experiencing on and off for about a year. He had been going to a chiropractor with little success. He had no history of any illness and had been going to the gym at least 3 times a week. He was a non-smoker and drank very little. His work is very physical which involved a lot of lifting. His face appeared quite washed out as the client was already known to me. I noticed his skin tone was a little grey and he looked tired.

The Story & Emotions

He has been married for 25 years in quite a volatile relationship. He is very driven and has worked hard all of his life and his main goal in the last 20 years has been about wealth accumulation. I detected a lot of frustration around being in so much pain and also his relationship with his wife. He did not speak openly about his emotions and he could not remember when the back started to ache and said that there was nothing going on at the time that he could recall. He suggested that the only thing going on was probably a fight with his wife as they argued a lot.

The Energetic System

My client looked exhausted and his body was very tight. The gallbladder was tight and the gallbladder channel. Gevurah was blocked all to do with his frustration about his life and in particular the pain he was experiencing. I believe he was very low on energy and his kidneys felt very weak. The heart felt very prickly. Netzach was the same and I could not feel much at Hod. Hesed was also very prickly.

Treatment – first session-2 hours

My objective was to relieve the pain in the lower back. I worked on the heart, PC6 and TH5 firstly as I wanted my client to feel nurtured. I also opened H7 as he appeared to be a little anxious about his situation in general. I also opened the double pass and the Belt channel. Bladder 40 and Gall Bladder 34. Gall Bladder 37. This stopped the pain

completely. I advised the client to keep me informed on how it felt and also for him to get some rest as he appeared exhausted.

Treatment – second session 1 week later 2 hour session

My client reported that he had slept really well for the first time in months after the first session however the back pain had returned the very next day around but at T5 –not in the lower back. In this session I worked on Shen Tao and the kidneys, Hod and the Base. I also worked on the gall bladder organ and GB34. Again the pain disappeared and he left feeling much better. I talked to him about getting enough rest and how emotions can be held in the body and the impact they may have.

Treatment –third session 4 weeks later

My client had reported that he felt great after the last session for about a week. In the meantime he had been to have an MRI on his back on the recommendation of a family friend. The MRI showed a fracture in T5 and also that his bone marrow was abnormal. He had more tests and was diagnosed with bone cancer. The cancer has spread from his skull to his pelvis. In this session I did mostly heart PC9 and Shen Tao and kidney work. Heart 7 and Large intestine 11 +Kidney 3 for the anxiety. My client was very emotional and he felt much better after our session. We went through how to meditate and talked about supporting him during his treatment plan.

Session 4 1 week later 2 hours session

My client reported that he had been feeling much calmer and had slept fairly well. I continued with shen tao and the kidneys. We talked about the fear associated with having this diagnosis and did some release work opening the Base. I also balanced the kidneys to the Base and Hod. Base to Heart. We also talked about the long term frustration and anger that had been held in his body. He regretted having been so driven trying to accumulate wealth and not focussing on his relationship with his wife and children. We did release work for the frustration and regret, sadness and disappointment.(Gevurah) We opened Gevurah to the Heart. He felt much better and was very emotional. I also opened Gall Bladder 39 which is for the bone marrow. Liver 3 and Large Intestine 4.

Session 5 (3 weeks later)

My client had just completed a stem cell procedure in preparation for a bone marrow transplant that will take place next month. I worked on the kidneys again, Shen Tao and Hod + Kidney 3

Session 6 (2 hours)

My client had one years' worth of chemotherapy on one session so I gave him a liver flush and did some resonance to the front and back of the heart. I opened the Governing Vessel to strengthen the kidneys and to help the pain.

The bone marrow transplant will take place shortly and I have found that the kidney/shen tao work is supporting my client physically, spiritually and emotionally. I have taught him the inner smile but he is not embracing it at this stage.