



Case: Cervical Cancer Support
Age 35 Female

The Person & Complaint

My client had a pap smear earlier in the year—Some cancerous cells were found—She called me and wanted to know if Acuenergetics could help her avoid the procedure that was recommended to her. I suggested that she go ahead with the procedure and see me afterwards. She had the procedure. She was awaiting results and the Dr told her that the procedure was successful and that she would need to have more pap smears to monitor the situation.

The Story & Emotions

The client appeared to be happy and bright when she arrived. She wanted to see me for emotional support and felt that she was generally not very well. I asked about her health in general and there was quite a long story....

She told me that her menstrual cycle started at the age of 12 and only lasted one day. She was very stressed at the sight of blood and it did not come back for 4 years. Her period was regular when she came to see me as she was on the pill. She still however had cramping and the blood was dark and clotted. This concerned her as she wanted to stop taking the pill to have a baby.

I asked her about the rest of her life .She desperately wanted to have children but was worried about her ability to have kids. She was insecure in her marriage and lived in fear that her husband was going to leave her. It appeared she was living in a state of “worry”. She had experienced other boyfriends dumping her in the past.

She was also recovering drug addict .She had taken a lot of recreational drugs in her youth. She had done a programme at South Pacific Private hospital and was 7 years clean. She seems quite ashamed of this part of her life and I felt like she was holding something back when she was telling me the story.

I asked about her childhood and she said it was average and she wasn’t close to her Mum or Dad and they had separated when she was 7. When she was telling me this part of her story she was looking away and did not want to go into great detail.

She was sleeping quite well and her energy levels were average and found herself reaching for sweets in the afternoons to help the energy slump.

The Energetic System

My client was sometimes on the verge of tears when she was talking to me about her life .Her heart was contracted (overwhelmed) and there appeared to be a lot of sadness and frustration around her family situation. She felt she did not have the support and love from her family

whilst growing up. Her base was blocked she was not grounded, nor centred and she was communicating via her tears. As my client was a worrier the stomach and spleen were very congested along with Netzach. Gevurah was congested from the held sadness and frustration. The liver was also congested and very hot and also Hesed. I suspected from frustration, anger and /or from family situation. Yesod was very congested (burning and painful).

Treatment – first session

I was opening PC6 and TH5 at first as we were just starting to chat. I then thought it important to ground the client. I then opened the base, base to Shen Tao and Liver 3. It took quite a while to ground her.

At an appropriate moment I asked again about her teenage life and what it was like when her periods stopped-Was anything else going on at the time? She revealed that she had been sexually abused by her father when she was 14 and also that he had also been her drug supplier later in life. It was a secret and only the people at South Pacific knew her story. The client suddenly reported a bit of a headache and tightness in her chest as it was quite painful and emotional telling me the story. I worked on the back of the heart and PC 9 .I also opened Stomach 9 and Heart 6 -this helped calm her down.

At the end of this session she was much calmer and appeared to be in her body. I noted that there was perhaps a huge issue of betrayal being a victim of incest, her parents separating and the boyfriends that had dumped her. She had an inability to express her anger as there were “secrets”. She had in fact kept two secrets –the father and the incest as well as the father being her drug provider. She had protected him.Hesed was probably blocked because of the anger but also the unsaid things about her past. There was shame around having been a drug addict. She had fear for her own marriage because of previous hurts and, low self-esteem.

At the end of the session I thanked the client for sharing her story and explained the importance of acknowledging emotions and explained how they can have an impact on the body.

As most of this story was revealed at the end of the session it was not appropriate for me to explore them in great detail in the first session. I promised her that we could start to address them in the next session and that this session was about hearing her story and grounding her so that she could start to feel like herself again.

I taught her the inner breath meditation and booked her in for the next week. I explained that we may need a series of sessions.

Treatment – second session

The client reported feeling very relaxed after the first session. A sense of relief that she had shared her story .She was however still worried about the condition of her cervix and she was still a little tight in the chest. I worked on PC6 and TH5, H7 to help her feel more relaxed while we were talking. It relaxed the tightness in her chest. We did some meditation together.

Treatment –third session

We started by doing resonance to the front and back of the heart for quite a while as it felt congested and prickly. She said that she was worried about not being able to have a baby and her husband leaving her...she was feeling insecure. She was also a bit constipated.

I introduced her to the concept of release work and explained how it works. I opened Netzach and worked on the stomach organ for quite a whilst releasing worry. I did resonance to the stomach and the spleen together. I opened Stomach 36 to harmonise and tonify the stomach. I

opened Spleen 4 for the heart pain. Large intestine 11 to help the constipation .Releasing the “undigested “experiences of the past.

Treatment – fourth session

In this session I started by opening Hesed and we did some release work to continue our theme of undigested experiences from the past. She had not been able to express herself to her family nor her husband. She released anger (towards her father) and shame about having been a drug addict. This was very emotional. She wasn't ready to forgive her father. She said she hated him. I opened the thrusting channel to try and ground her heart.

Treatment Fifth session

I started this session by opening the front and back of the heart. Then Stomach 36 and Large Intestine 11 to empower her to let go of everything that no longer served her. PC 9 Bladder 14- to help her heart relax.

Treatment Sixth Session (one month later)

My client arrived and appeared quite positive. She said that she was still feeling drained but ready to forgive her father. She had realised that holding on to emotions was contributing to her sickness. She wanted to try. We did some release work whilst opening the heart and Yesod- forgiveness of her father and her mother for not protecting her. We also opened Hesed releasing shame. My client was extremely emotional and left feeling very drained.

My client contacted me the next day and said that she had slept for 11 hours.

Treatment Seventh Session (2 hours)

My client arrived very positive and suggested that she wanted to start counselling with her husband so that they could move forward and have a baby. She wanted to focus on being strong enough to communicate her needs and her feelings in the counselling session. I opened Hesed and Stomach 9 to help her communicate her needs effectively I did resonance to the heart and kidneys. I opened Stomach 40 so that she felt supported and nourished by life I also opened Stomach 8 and did resonance to the spleen as her mind was restless. I taught her some more meditation and suggested that she practise before the counselling session.

My client is 2 months into counselling with her husband and has had another pap test which came back negative which she was delighted about. She has reported no more stabbing pains in her heart and is thinking about confronting her father about what happened.