



Red Rash over body, Age: 24 Female

The Person & Complaint

Include a brief description of the person, their relationships/family, their complaint, any relevant facts, health issues, history, etc.

Client came as she had red rash all over her body, developed after a very stressful month.

The Story & Emotions

She was feeling rejected and hurt by boyfriend and was holding back her angry towards him, her little sister (who she was helping through a court case) and her alcoholic father. She also realised her anger towards herself.

The Energetic System

1. Base blocked due to feeling rejected, deep fear of alcoholic father during childhood
2. Heart to Netzach - contracted as anger with self
3. Liver organ, liver organ to hessed blocked because of anger
4. Double pass blocked – held emotions
5. Hod to yesod due to judgement of self and fear (alcoholic father)
6. Binah, GB organ and GB meridian – blocked due to control of emotions, response to fear environment in childhood.
7. Gevurah to tipperet – holding onto pain/hurt

Treatment – first session

1. Resonance to base while telling me how she felt rejected by boy friend after break-up
2. Resonance to Heart chakra and then heart to Netzach. Realised rejected self and was anger towards self
3. Netzach to Liver organ
4. Liver organ to Hessed
5. Heart to sex – “I love you dad and I let you go”.

Concluded I needed to do more on LU/LI to release sadness/hurt and its impact skin.

Treatment – second session

How was the client after the first session?

Rash had gone, slept a lot better. Hormone imbalance lead to break out of face.

What did you do in this session?. What happened? What was the conclusion at the end of the session?

1. Decided to do circulation of the light to bring the body/hormonal system back into balance.
2. Noted that sacrum and hod were extremely blocked and back of the heart.
3. Also checked LU 11 to heart – very prickly.

What did you advise the client?

To do inner smile daily so as to open heart chakra.

To come back so that we can address the remaining imbalances.

Treatment –third session

How was the client?

Had disrupted sleep due to major court case involving her sister.

Quite job as she was not happy and got a new job working in bar which is making her more joyous.

Frustrated that she can feel feelings in body but wants them out.

How is the complaint? Improved or not?

Rash still gone and breakout of skin gone.

What did you do in this session?. What happened? What was the conclusion at the end of the session?

Continue on from COL where hod and yesod were extremely blocked (judgement)

1. Open up Hod which was extremely cold and contracted due to dishonouring self
2. Hod to Yesod – as she is judging herself -.
3. Heart to Pericardium 9 to calm her and help improve sleep.
4. Inner smile

What did you advise the client?

Had not been doing inner smile. Encouraged her to do this daily.

Next sessions open double pass, fear/control

Treatment – fourth session – Fear/control

How was the client?

Loves her new job, feeling calmer and less judgemental of self.

What did you do in this session?

Focus on fear/control – talked about her fear of dad when drunk and her need to control.

1. Resonance to Binah (control – dad was very controlling, had feelings of spider crawling at Binah)
2. Resonance to Base – very cold
3. Resonance Binah to Base - huge with lot of cold energy all over body.
4. BI 62 to SI 3
5. K1 BLB

What did you advise the client?

Continue inner smile

Treatment – fifth session

How was the client? Much more grounded, less stressed overall.

Loving the inner smile.

1. Netzach
2. Double pass and release lying with self and others. Huge.
3. Yesod

Treatment – sixth session

The client is feeling much more in tune with life.

Back of heart – Pericardium 9 – hesitant then channel released.

Continue to do inner smile

Result/ How it was resolved

What was the result after treatments concluded? How was the complaint resolved?

The rash all over her body was a result of her held in anger and judgement towards herself. She realized she was very fearful, stemming back from her childhood with alcoholic father. She was able to feel the fear and anger more and accept it thus letting it go. Happy client.