

Case 14: Acute Wrist pain.

The person and the complaint

A lady age 44 years old presented with acute right wrist pain . She worked as a pharmacist dispensing more than 180 prescription daily when she was on duty and did lots of paperwork when she was not dispensing. Her wrist pain suddenly occurred and she was reluctant to take anti-inflammatory drugs because she preferred alternative treatment before using drugs. She was very worried she could not dispense anymore because the pain was excruciating when she tried to lift books or bent her wrist.

The story and the emotion

She was heavily involved in her clerical work in her office and was upset and unhappy and angry with her staff performance and handling of customers. She was also worried about her late tax lodgement of activity statements to the tax office .She was also worried about her extending and renovating her old house making her stomach queasy, feeling anxious . She was disappointed with so many problems hitting her at the same time.

The Energetic system

Her wrist gate (Pc6 To Th5) was blocked due to her being upset ,unhappy and angry about her staff . Also her constant worry blocked her stomach meridian.

Treatment

One session only

Resonance was done on her wrist gate for 30 minutes until opened . Then resonance was done to Ht7 and St41 for 15-20 minutes each on the right hand only. Following that radiance was done to the whole right wrist and then resonance to her anterior and posterior wrist to Chesed for 15 minutes each. Finally , resonance was done to an extraordinary point Ling Ku , 0.5cun proximal to LI4 on the Yang Ming line for 15 minutes.

Result

The pain reduced from level 9 to level 2 after the treatment in the evening and she reported back two days later that her wrist was completely pain free. Follow up with her after 10 weeks showed that her wrist had completely heal and she could carry and performed her normal daily task.