

Case 12: Acute Sinusitis with breathing difficulty and sleep disturbances

The person and the complaint

A young boy age 17 years old presented with pain in his head and breathing difficulty as well as sleepless nights for 7 nights. His doctor prescribed him steroid nasal spray Nasonex , 2 puffs daily each nostril and decongestant nasal spray to be used twice a day. No significant improvement was shown with medical treatment. His father was worried as he had to move to Melbourne to pursue his university degree after the offer of placement for actuary course. He was keen to get this problem fixed.

The story and emotions.

The boy was very hot tempered and resentful to his dad and mum all the time. He would blast off at his dad for small matter and was never cooperative in the family. He was a smart ass and believed he was smarter than his parents and rejected their advice.

The Energetic System

Anger has blocked his heart and affected the large intestine and bladder channel.

Treatment

One session

Resonance was done to Li20 bilaterally for 15 minutes then also to B11 and BL2 bilaterally for ten minutes. Next resonance was done to Ying Tang for 15 minutes . While doing resonance, he was asked to talk about what's the emotion that affected his daily routine most.

The immediate reply was anger and that was confirmed by his father. Release work was perform later on his heart to let go of anger completely against his parents sincerely from the bottom of his heart . With that intention, a huge release of energy from his heart was felt and he could felt that too. The session ended with him feeling 75 % improvement in his breathing He was encouraged to be aware that anger can caused sinus problems.

Result

The boy reported back after a week that his sinus has improved 90%. He stopped the nasal spray and was really pleased with the result .