

JP Special Case Study 13

Trauma/Accident on Darling Street (elderly woman fall)

JP walking home from interning from Niv; had just learned figure 8 bone technique over lunch

- One of first on scene – took umbrella (to shade victim) and faded into background to observe
 - *Different that how I would have handled in the past – i.e. would have been 'Type A' take charge, instead focused on listening / observing [note: have been sitting daily since August, 1 hour per day since January]*
- Citizen Nurse wanted to sit lady up due to bleeding into mouth, her medication, etc.; I inserted myself to say no, not a good idea – potential neck injury, etc.
 - Patient said actually he's right, the blood is not bothering me; kept her laying down
 - Nurse gave negative rave re: paramedics, training, response time, etc. (*interesting*)
- Motorcycle paramedic shows up – starts to engage
 - Exchange with Nurse – dismisses her from area (“you don't need me?” – “Actually, no, I don't, thank you”) – *Balmain ambulance timing, trauma center in Balmain, etc. continued rave from Nurse [side note: it did take over 20 min. for ambulance to arrive]*
- Bag man... tells paramedic that the bag under the lady's head is his. “Yeah mate; we just need about 5 min. or so to stabilize her”. Bag man mentions that he needs to catch a transit and that there is money in his bag. Paramedic says the money will be fine – the bag isn't going anywhere. Bag man backs up – 1 min. later comes back and says he needs to get his bag to catch a transit. I offer my bag and we (the paramedic and I) – against what the paramedic wants to do – switch bags supporting the lady's head. Bag man takes his bag and disappears. (*very interesting*)
- Wrist lifted onto stomach as part of stabilization; clearly broken – clearly a lot of pain (audible scream and mentioned as most concerning to her when asked as part of initial intake)
- I decide to do heart entrainment... feeling that should be my focus to keep her feeling good... within one min. of starting – Chinese man comes to curb, kneels down on one knee and puts his hand on his heart – while looking at her heart. (*incredibly interesting*)
 - *I feel him entraining her heart from his heart (i.e. I feel it as he feels it – from his heart); I know I need to do something else – this is taken care of.*
- I look at her wrist and, while holding the umbrella with the right hand, do the figure 8 technique just learned with mind and left two fingers guiding from afar (*beyond interesting; amazing*)
 - *After about 10 min. feel and see wrist 'pop' back in and lady says – on cue: “Wow, that feels much better” --- I snap a picture:*



Ambulance shows up... Splint / Neck brace / Stretcher; I help with stretcher transfer to ambulance bay. ---
I take one more picture:



- After patient is placed in ambulance, the motorcycle paramedic approaches me:
 - **"Mate, you are a hero"...** **"I've seen some crazy things before, but nothing like that"**
 - I am silent – literally speechless – what is he referring to? *Did he realize what has happened? Does he know how interesting... very interesting... incredibly interesting... amazing this experience has been?*
 - **"I mean... can you believe that guy and his bag?"**
 - **"Yeah" / say... "Pretty crazy"**
- I depart and fade silently back into the crowd on Darling Street... no fanfare... no notice... no need.