

The Person & Complaint

A 45 year old male presented with shoulder, neck and back pain. He was traveling at a work conference and was in the lobby waiting to leave back to the hotel and then home as he could no longer participate in the conference with the level of pain he was experiencing.

The Story & Emotions

He was very stressed given his involvement and associated work expectations at the conference he was attending.

The Energetic System

TH was very blocked as was Gevurah and Hod.

Treatment 1

- In 15 min. working on TH (common turning head = pain situation) I was able to reduce his neck/shoulder pain from a 9 down to a 2. This allowed him to stay at the conference and participate for that day. He asked if I could sort out his back later in the evening or the next day.

Treatment 2

- The next day the TH issue was completely resolved, with the pain at zero. However, he still had lower, mid and upper back pain. He described this pain level as at a 7 or 8. I treated him for 30 min. in between conference sessions by doing the 'three gates' opening at SI19. During the treatment I talked to him about what was stressing him at this conference/work and ways to not have that impact him negatively (informal release work). At the conclusion of the 30 min. his pain was down to a 3. I could feel that there was still constriction in the channel but it was much improved. I agreed to see him the next day at lunch as well.

Treatment 3

- The next day he was still at a level '3' for his back pain (and still in the same 3 areas). He was able to function and very happy about the progress but wanted to see if I could still make it better. I sat on the 'three gates' again for approx. 30-40 min. until I felt the air pressure push my fingers away. I asked him to stand up and tell me how it felt. He was amazed to report that the pain was completely gone (a zero).



Treatment – Resolution & Follow-up

- He stayed for the rest of the conference (3 more days) and did not experience any of the symptoms returning. He was very pleased and relayed to many that it was only because of my treatment that he did not leave the conference to go back home to see his doctor earlier in the week (what he was waiting to do when I first saw him and offered treatment #1).