



The Person & Complaint

Middle aged man who has suffered a brain injury from a car accident in his youth. His care-takers brought him in because he is having problems sleeping through the night. His cycle of day/night is off as he usually falls asleep lately around 4PM and then wakes up later in the middle of the night and does not go back to sleep.

The Story & Emotions

The brain injury resulted in loss of vision and also impacted his ability to communicate. He often has outbursts and associated physical movements that are seemingly uncontrolled. He talks to himself often.

The Energetic System

The movement in most of his Centres was dull and noticeably separate (i.e. not connecting to each other). A treatment plan of weekly CoLs was laid out which made the most sense, especially given his situation (attending clinic). The goal was to reboot and stabilize the baseline energetic system. A CoL was administered each week for 8 weeks.

Treatment 1

- Circulation of the Light Balance (CoL). As noted above the energetic Centres were very disconnected. Some dull Centres now were becoming electric – but all seemed to still not be connecting to others. Client was not able to keep face down for the first half (turned it to side) and was very restless throughout. The balance was not completed.

Treatment 2

- CoL. Progress in Centres starting to have more stable movement but still not connecting. Client less restless but still not relaxed.

Treatment 3

- CoL. More progress; client relaxed the entire time and Centres were much more open and now starting to connect. Care-takers reported the sleep issue is now fixed and desired to continue weekly to ensure it 'sticks'.

Treatment 4 - 7

- CoLs. Each week Centres connected and felt open with client now relaxed the entire time, each time (1.5 hours). Care-takers very happy and note that not only has the sleep issue been resolved, but that the client seems more



calm and 'predictable' throughout the weeks since this CoL treatment plan began.

Treatment 8

- NOTE: Treatment #8 was 2 months after treatment #7 – due to travel and schedules (all the previous being weekly). The care-takers noted that after 1 month of no treatments the issue began to come back (sleep/timing problem) and after the 2nd month it was back to how it was when we started. CoL administered and with connections taking place – client mostly relaxed during session.

Treatment – Resolution & Follow-up

- As proven from the above history, it appeared this particular situation warranted on-going CoLs to ensure consistent flow. My recommendation to the care-takers was to have this done at least every other week at student clinic. They agreed and have scheduled this to take place on-going as much as practical, noting again the clear and distinct positive impact that had taken place during the treatment plan.
- Follow-up confirms this is taking place with positive results being directly connected to the weeks that a CoL is administered.