



The Person & Complaint

41 year old male presented with bladder problem causing him to get up 4-5 times every night. Also has a periodic reflux issue. Goal is to not have to get up at night.

The Story & Emotions

History of relationship break-ups and is currently longing to be in a relationship now. Also communicated feeling general stress (work and financial).

The Energetic System

Bladder channel very blocked as well as Base, Yessod and Netzach.

Treatment 1

- After initial intake conversation – worked on K6/K1 right leg.

Treatment 2

- This was one week later. Client updated: no noticeable positive impact since last session. K6/K1 (right leg) felt good. K6/K1 (left leg) blocked but started to move. Began direct work on Centres: Base (blocked); Base to Yesod (tight); Base to Netzach (tight/started to move); Base to Heart; blocked/started to move) – most of the treatment time spent here (Base to Heart).

Treatment 3

- This was one week later. Client update: 80% improvement in 'flow' – now only getting up 2 times a night (instead of 4-5). K6/K1 (both feet); Base; Base to Yesod (I release being afraid, I release fear); Base to Netzach (I release needing anyone, I release desire); Finished with Base to Heart (Silent). Prepped client with expectation of Perineum treatment (to Ren2/3) at next session.

Treatment 4

- This was two weeks later. Client update: relapse into very constricted flow after last session. K6/K1 (both feet); Blocked to more open after treating (esp. right leg). As discussed, opened Perineum to Ren 2/3. Also did 'magnetism' on left upper arm pain as requested by client for a new injury with immediate positive effect.

Treatment 5

- This was two weeks later. Client update: "Up and down days" – Discussed 'logging' factors during each day to ID any obvious patterns. K6/K1 (both feet); Blocked – electric; Base to Yesod, Netzach, Tiphereth, Chesed, Chochma, Kether; ended with double hands to Netzach. Note: Discussed Relationships, etc. during Base work (informal release work). Client purchased "Inner Smile" CD with homework to sit daily.

Treatment 6

- This was three months later. Client update: after last treatment session all was 'fantastic' for over 6 weeks. Then got a bladder infection and it has now all come back. K6/K1 (both feet); Blocked – electric again; Once clearing repeated Base to Yesod, Netzach, Tiphereth Chesed, Chochma, Kether; ended with double hands to Netzach. Talked through (casual) each Centre; relationship, worry, love, communication, concentration, spirit. Much laughter. Also confirmed he will start Inner Smile Practice (he had not done this yet). Finished with bilateral K1s (very strong flow).

Treatment – Resolution & Follow-up

- Follow-up one year later (and in the interim) confirmed positive and lasting change/impact since treatment #6. He to reach out if problems reoccur.