



The Person & Complaint

A 32 year old woman presented several specific complaints including upper body muscle pain, migraine headaches, weak digestion, adrenal (and overall) fatigue and food sensitivity. She had been diagnosed with Fibromyalgia in the past and had also tested positive for the Auto Immune Marker (A&A reading). Her sleep was very disturbed and it was very hard to 'get going' in the morning. She would 'crash hard' in the evenings at around 6PM (and was going to go to bed at 6:30 to try to be asleep by 7:00PM each night). Stomach pain / digestion problems also an issue.

The Story & Emotions

She worried a lot about several issues and had high anxiety at times.

The Energetic System

Upon feeling certain Centers, it was apparent that the overall energetic system was not well connected. From a baseline standpoint the client gave three numbers (1-10) - one for morning, one for afternoon, and one for evening; high representing feeling good, low being in more pain of how she was feeling overall - noting the symptoms listed above. Her typical numbers on this scale were 4-5-3. Her stated goal was to get to 6 or 7 across the board. That to her would be complete success and anything more we be an added benefit. A 'back to basics' comprehensive treatment plan was communicated to begin with CoL, Thrusting and Lymph Drainage balances being administered to reboot/jump start the overall system from a foundational standpoint and then to go from there. The positive impact of lessening her tendency toward worrying was also discussed.

Treatment 1

- After initial intake a special CoL was administered to get an overall feeling of where things were and to 'jump start' the process. This included 3 quick ('connecting the dots') - 1 proper CoL - and 2 quick ('connecting the dots'). This approach had very noticeable positive impact on the energetic flow. "COLA" (Circulation of the Light Accelerator) was also administered (*an 'AcuFlow' standing CoL process reviewed and approved for trial by KF*).

Treatment 2

- This was the following day. The client stated that she was at a "7" in the morning (no pain and no 'brain fog' that she normally had in the morning).



She was very pleased with this but noted by afternoon she was at a 6.5. 3 speed CoL (connecting the dots) administered (to complete the 9 cycle from the previous day) as well as a full Thrusting Channel Balance. Thrusting still clogged at conclusion a bit, but much improved. Communicated plan to come back to this balance again after Lymph Drainage, etc.

Treatment 3

- This was three days later. Client update on numbers showed consistent improvement with all staying in the 7 and 6.5 range. A Lymph Drainage was administered. There was 'major gunk' removed during this process; client felt better on front but pointed out she felt blockages in the back (esp. shoulder area). Finished with COLA.

Treatment 4

- This was a week and a half later. Client update on numbers showed even greater improvement with hitting 8 and 8.5 at times with an overall average of 7.5. Did 3 quick CoL (connecting dots) and then administered special Lymph drainage from back (had checked/reviewed first this suggested process with KF) as client still felt 'gunk' in her back area after the last treatment. Finished with COLA.

Treatment 5

- This was the next day. Continued completion of Lymph drainage from back (client update indicated progress / 'gunk' now cleared). Finished with COLA.

Treatment 6

- This was three days later. Client update indicated best feeling/numbers yet: 8's and 8.5s (with no lower than 7). Administered start of front and back Lymph drainage to ensure clearing held. Also worked on Yessod and Netzach to Base as client was feeling some related tension/anxiety. Discussed again the positive impact of not worrying. Finished with COLA.

Treatment 7

- This was four days later. Client update indicated feeling/numbers now being extremely consistent (i.e. all the same) at 7.5. Continued (finished) front and back Lymph drainage from last session. Feeling was now clear and smooth like glass for both practitioner and client – no more 'gunk'.



Treatment 8

- Final treatment as planned came back to Thrusting Channel Balance (see Treatment 2 notes). Opened up completely with no clogging sensation. Client very happy now with being consistently at a 7.5 in her feeling numbers throughout the day. Clear goal stated during intake at session one of getting from a '4-5-3' to a '6' or higher has been exceeded.

Treatment – Resolution & Follow-up

- Follow-up 6 months later (and in the interim to that point) verified that the treatment plan administered had a permanent and lasting effect. Numbers have stayed at 7.5 or above and client remains extremely happy with the experience and positive impact realized. She will make contact if numbers slip/symptoms come back.