

### **The Person & Complaint**

A 76 year old women presented with no specific issues, but simply wanting to experience what an AcuE session would feel like. After some discussion (and observation) – it was acknowledged that the women was starting to have a hunched back (Kyphosis), and felt like she had been 'shrinking' over the last few years. This change had also made her walking more difficult, as she often times felt "heavy" and "pulled down" when walking. She attributed all of this simply to "getting older" which is why she did not really see it as a specific complaint or something that could be worked on.

### **The Story & Emotions**

There was no specific associated accident or story, but through conversation it was clear that she held onto stories.

### **The Energetic System**

She appeared to have blocked Gevurah from holding onto stories – which supported the beginning of the 'hunched back' starting to manifest. In addition to this, however, the general energetic centres appeared to be very weak and not connecting well to each other.

### **Treatment**

I considered focusing on the hunched back issue and simply treating Gevurah. However, being mindful that the client was there to 'experience what an AcuE session would feel like' and did not really have that specific complaint (I pulled it out of her), I opted for administering a Chakra Balance. Contributing factors to this included knowing that this was most likely to be a one-off treatment, and taking note of the lack of connection between the energetic centres. During the session – the Centres and pathways went from numb to significant movement and the clients arms at times raised up and floated in the air. She mentioned after the treatment that she was aware of the arms moving but had no control over the movement stating the Balance event as an absolutely amazing experience.

### **Treatment – Resolution & Follow-up**

She felt taller and lighter and her movement was visibly improved. Follow-up weeks and months later confirmed the positive (and lasting) impact. She continues to speak often to friends and others about her balance experience.