



Case: Making life easier for an autistic boy, 5 yrs, Male

The Person & Complaint

This client is a bright smiley adorable little man. His mum has asked if I could help with his communication and some new and ongoing symptoms that he is experiencing.

- Difficulty waking him up, the longer he sleeps the worse he is for the day.
- Vomiting in the morning.
- It takes 2 hours after he wakes before he starts feeling better.
- Leg pain and difficulty walking first thing in the mornings.
- Weakness in the legs, will have to pick him up on walks due to his sore legs.
- Muscle tightening especially his lower legs, hamstrings and calves. Tightness have significantly increased in the last 4 months.
- Severe language delay.
- Emotional dysregulation.

The Story & Emotions

This little boy is a survivor of twin to twin transfer and as a result has been born with profound hearing loss. He has bilateral cochlear implants. He is a high functioning autistic boy. His mother, a single mum, is very loving to him and his twin brother.

She actively seeks out ground breaking therapies to help out her boys. She has brought her son to me today to receive help with therapy to address his autism, communication deficit and his long standing and new symptoms.

The Energetic System

- Shen Tao is blocked because this is where true intelligence, understanding, compassioning and wisdom reside. It also ensures appropriateness in our social interaction. The heart also has the ability to change nervous system cells in the heart by changing DNA.
- Binah is blocked through lack of structure and organisation skills.

- The pathway, Daleth, is blocked due to the inability to take thoughts and ideas from Chochma and give them structure through Binah to be verbally expressed through Chessod.
- Hod is blocked by the association to the Kidneys. Kidneys are known as the 2nd heart, if the heart is unbalanced, then so are the kidneys. The Kidneys yin is fundamental for the function of the brain.
- Double pass Geburah and Chessod, the pathway of the The Hermit are compromised by the display his severe language delay.
- Liver was congested causing weakness with the lack of blood supply to the sinews and muscles in his legs.
- Gallbladder was congested causing a lack of qi in the sinews and muscles in his legs.
- Stomach, and stomach meridian was congested causing vomiting and the 2 hour unwell feeling in the morning.
- DU 20 benefits leg weakness.

Treatment – first session

Opened **Gallbladder organ** to **GB 34**

Opened **Liver organ** to **LV 3**

Opened **Stomach organ** to **ST 36**, lots of stomach movement and noises was happening.

Opened **DU 20**

Treatment – second session

This little boy became emotional for a few days after the treatment but came good.

He has been able to wake up more alert and has stop vomiting in the morning. Mother has noticed that he is understanding and using words more than he has before. His legs are not hurting anymore and he is building up stamina when they are out walking.

Opened **Hod**

Opened **Shen Tao**

Opened **Geburah** to **Binah**

Binah to **Chessod**

Treatment – third session

There was an improvement in verbal communication. He has been more assertive.

Opened **Shen tao**

Opened **Shen Tao** to **Binah**

Opened Double pass, **Geburah** to **Chessod**

Treatment – forth session

Mum noticed improvement in her son communication as he began to negotiating with her for the first time.

Mum wanted to work on her son anxiety as he get anxious when he visits hospital for appointments.

- Opened **Hod**

Treatment – fifth session

My client has Tonsillitis. Mum asked for me to work on relieving the discomfort he was experiencing

Opened **Chessod**.

Bilaterally opened **ST 45**.

Bilaterally opened **ST 45** to **ST 41**.

His throat felt better after this session.

Result/ How it was resolved

Six of his complaints that this boy has been experiencing has resolved in a relatively short time. His autism, language skills and emotional dysregulation are an ongoing concern that will need continuing support.