

Appendix Attack, 6, Female

The Person & Complaint

My daughter started having really sudden sharp pain in her lower right quadrant one evening when she was trying to go to bed. The pain was very intense and she couldn't get comfortable. I recognized it as an appendix attack due to the intensity and knowing exactly how they felt from my own experience.

Story & Emotions

She frequently had stomach aches and a hot belly. She would lift her shirt off her stomach at bedtime and say it was too hot. She had a lot of emotional fears, she was often anxious about being in new places and around new people. She didn't feel safe without her parents. She would also get really mad about things and had a hard time letting things go.

Energetic Body

Her stomach was very blocked from emotional fear causing a lot of heat in her system and tied to the large intestines in that they are an up/down pair. Her large intestines were also blocked because she had closed her base in fear blocking downward energy adding to a functional issue. Also, her intestines were blocked from the back of her neck being blocked because she had such a hard time letting things go which compounded that functional issue. In class the day she had her symptoms we learned about inner and outer fields and how they relate to organ function. It seemed reasonable that functionally her appendix which is part of the large intestines was not working properly.

Session 1

At the time I was taking level 3 for the first time and had only worked on her stomach aches with the first aid basics that I learned in level 1. I knew that belly button to kidney gate always worked for her. That night belly button to kidney gate didn't help her pain at all, her pain was increasing. I had appendicitis and recognized her symptoms. Once I realized what was happening I gave myself 20 minutes to help her with Acu and then I would take her to the ER. I guessed and started with the outer field of the large intestines and worked her lung and spleen sea points. Within minutes I knew that wasn't correct because it wasn't giving her any relief. I quickly switched to the stomach 36 and large intestine 11 sea points and within minutes she said the pain was getting better. Within 15 minutes she was sleeping because the pain had subsided. I treated her on the left side for over 90 minutes until I felt a flow and then I switched to the right side and treated that side until I felt a flow. The next day she didn't complain of any pain and I went to class.

Session 2

After speaking with Kevin in class about the situation I came home the next day and continued to treat the stomach and large intestine sea points to get a better flow and

then also added in St. 37 to LI 11. I worked on those points until they were cleared. Over the course of the next few days I continued to work on the same points to make sure they were 100% clear and she never complained of any pain or any more issues.

Months later I completely opened her female pole centers and points. This seemed to take the additional charge out of her system and changed her anxiety.