



Case: 21 y.o Female, MG

The Person & Complaint

A 21-year-old female university student presented with irregular period and cysts in the ovaries. She had seen KF at MBS and had a single treatment on the kidneys about eight months before. She has not had a single kidney infection or pain since seeing KF. That session included: K6 to BL62 and the double pass, Navel to Kidney Gate.

As a child she had been hospitalised with multiple kidney problems and was told that she had an “extra-long ureters” with a “kink” in the left one, which was the explanation for her frequent kidney infections.

She has had several ultrasounds on her ovaries when she’s had pain. These have shown multiple cysts, which then later go away.

She had been on NuvaRing for birth control, but stopped it because she didn’t like the hormones over the top of her cycle which she describes as “out of whack,” often coming a week early, a week late, etc.

Client said her priority is to return her period to normal and prevent future ovary and kidney problems.

The Story & Emotions

- The client is a worrier, and has frequent stomach upset and bloating
- No big story or emotions attached to the kidney/ovary problems
- Very positive relationships with family and partner

The Energetic System

- Kidney / ovary system is imbalanced
- Check Heart/ST and base centre due to their relationship with kidneys

Treatment – first session

- (R) kidney to (R) ovary – both on. Balanced in 20 minutes.
- (L) kidney to (L) ovary – both on. Very sore and painful. Lots of energetic shifts, but not balanced after 45 minutes.
- (L) kidney to S.T. – imbalanced, but started connecting. Needs more.

Treatment – second session

Results from previous treatment:

- Felt really good after last session
- Expecting period imminently

Treatment:

- (L) kidney to (L) ovary – on kidney, on then off ovary - 20 mins to balance
- (R) kidney to (R) ovary – on kidney, off ovary – 10 mins to balance



- (L) kidney (on) to base (off) – 45 mins. Super painful, and lots of shifts. Base tight and painful, big gurgles and kidney jumping 2-3 cms! Clear tightness in connection/projection to heart.

Treatment – third session

Results from previous treatment:

- Got period, lighter than usual – she was happy
- Feeling good

Treatment:

- (L) kidney to base – Sore!!! Took 45 mins to come into balance.
- (L) kidney to Shen Tao. Sore at start, but then felt good after 20 mins.

How it was resolved

After third session, she left on a four-month trip and said she would come back after the trip if she experienced further problems. She did not have any further pain in kidneys or ovaries after third session. Period came into regular cycle. I have not seen her again, but have seen her mother as a client and she said the daughter has not had any further pain or issues.