

Under-eye swelling, 52-year-old Female

The Person & Complaint

She came to see me because of fluid retention under her eyes that she had had for about 12 years. She walked in the day after attending my yoga workshop for the kidney & bladder meridians and organs feeling that her symptoms might be related to it. She was a little tired, yet open and talkative.

Other issues

Bad eye sight, lower back pain, in the past: uterine cancer: uterus, ovarian tubes and ovaries removed

The Story & Emotions

The client had had bad eye sight since her teenage years .At age 16 when her parents divorced she lost 40 kg (from 100kg). She had originally put on the weight because she was feeling insecure in her body and was yearning for her mother's love. The relationship with her mother got really bad after the divorce from her father. There was a lack of trust between her and her mother. When the under-eye swelling first started it coincided with lower back pain (around L4/5 area).

The Energetic System

- weak sacral centre and kidney gate
- insufficient flow in BL, K,
- shen tao- trust issues in relationship with mother

Treatment – first session

- I balanced BL1 & BL2 BB (hot, painful, charged, started opening after 30 min.). She talked about when the issues first started-around age 40. She eventually mentioned having had uterine cancer and surgery and I switched to shen tao & the sex centre. She talked about surgery, issues related to trust and sexuality/relationships (hot and charged, at times numb, started opening up after 20 min.). I continued by balancing the perineum to the sacral centre (charged & hot, numbish, started opening after 25 min) and she talked about menopausal/estrogene related issues that she has had since the surgery. In addition, she had experienced heart racing before and after surgery, but overall felt better now. She told me she was taking estrogene supplements on a regular basis. I then treated the lower back pain area (around L4/5) to under the left & right knee (about 10 min. each, charged and painful, need more work).

Result/ How it was resolved

I only saw the client that once as she lives far from where I am based. She was happy with the treatment and said she would come back for more if the opportunity were to arise.