



Urinary Tract Infection 65 + Age, Female

The Person & Complaint

The client has a urinary tract infection; she has had this since she was married. She keeps it under control with homeopathy; otherwise she said she would need antibiotics every week. The client is married with children and grandchildren.

Other health Issues

Very sad - cries continuously.

The Story & Emotions

What's the story with the client?

She was raped when she was eight. Both her mother and her grandmother had been raped. She grew up in the war in Europe; in one occurrence when she was a baby her father told her to be quiet and not cry otherwise they would be killed as the soldiers were nearby. She had trouble speaking up. Her nurse tried to smother her and was very rough with her. The client presented with continuous crying, which continued for many sessions. She resented her mother for not protecting her.

The Energetic System

How has the story, attitudes and emotions affected the energy system??

- Malkuth from terror and fear from rape and father's fear of their death
- Yesod will be blocked from guilt
- Hod blocked from being dishonoured
- Tifereth & Netzach; P, H, LI and Lung meridians blocked with all the crying
- Bl, K St Gb Spleen blocked

Treatment – first session

- Malkuth release fear
- Yesod release guilt and shame
- Hod dishonoured
- Netzach holding onto emotions
- Tifereth forgive person who raped her
 - Forgive mother, grandmother, father there was still fear and her lips were and trembling, so I went to
- Bladder release fear and terror
- Spleen let go story of rape
- GB release anger
- Tifereth I am love I deserve love

At the end of the session she talked about how she realised she didn't need this baggage. I had only felt fear, terror, guilt and sadness before.

What did you advise the client?

I taught the client the inner smile and we talked about how we become what we think about...

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Treatment – second session

How was the client after the first session?

She had no bladder infection only a small niggle on Saturday evening but nothing eventuated. She said she felt less anxiety and less helpless. She still worried and was overwhelmingly sad.

What did you do in this session? What happened? What was the conclusion at the end of the session?

- Netzach I release anxiety I release sadness.
- Hod There was pain in the sacrum, back of knee and hip. She talked about feeling betrayed. Story of Mother's rape and her conception.
- Yesod Talked about guilt
- Back of Tiffereth "I accept love" "I trust"
- Bladder "I release being pissed off with my father- told to be quiet because the soldiers were around"

What did you advise the client? We went through the inner smile as the client had a tendency to be very sad and stuck in this.

Treatment –third session

How was the client after the first session?

Again there was no UTI. She felt she could forgive herself and accept her mother's love.

Again she was very sad and cried easily. She said she was frightened of being exposed and thought she was bad and would need to be punished. Very anxious and a lot of shame. She had pain along her right leg along the GB and sarco iliac joint.

What did you do in this session? What happened? What was the conclusion at the end of the session?

- GB 44 rt leg release controlling her self and all that she keeps down
- Chesed release shame – doesn't like being the centre of attention
- Open Yesod releasing guilt + story. The client could now breathe deeper
- Open Chesed to Tiffereth
- As the client was crying opened Netzach and Netzach to Tiffereth
- GB 44 as her legs felt heavy opened K1's

Treatment – fourth session

While the client continued to come to Acu energetics session and we worked on different issues in this case study I want to focus on the UTI.

How was the client after the first session?

After about 7 months the UTI returned. At this time she had read a report of a person who had escaped from prison in Melbourne and this again brought up the fear and again she contracted the UTI. She imagined this prisoner was getting her.

Over the months I have worked with this client she now knows she can recreate the UTI when she starts worrying and is fearful or whenever she challenged her safety and that there is a direct correspondence between what she thinks and the UTI. We talked about the importance of doing the inner smile. I had talked to an acupuncturist who had recommended opening the stomach channel for UTI's.

She wrote, 'I've had a UTI every since I was married, some 40 years ago. I had some acu energetic sessions and it disappeared. I was instantly better, it did reoccur when I was confronted with safety issues. As soon as I saw the acu energetics practitioner again with this issue this problem was resolved.'

What did you do in this session? What happened? What was the conclusion at the end of the session?

- Stomach 36 & 45 bilaterally
She talked about the rape and was able to feel more powerful in front of the rapist and also was able to ask for help. At this point she found it easier to then forgive the person and let go of the story.
Let go of the fight to stay alive. I am alive
- GB 44 bilaterally controlling her fear give herself permission to let go of fear
- K1's she talk about fear as her security and how she couldn't let it go. Once she could accept the fear as a friend who had saved her she found she could let it go. Her comment was 'You think of the right thing to say'

The client was more relaxed.

Treatment – further session

The client continued to receive sessions for some months and no longer cried. She was happier in herself and said at one stage, 'You have given me my life back'. 'I was weighed down by these stories.'

The sessions focused on opening Tiffereth, the heart, pericardium, lung and large intestine meridians. The overall picture I aimed for was that there is a choice of feeling either sad, fearful, angry, pissed off etc. or opening the heart. So the sessions moved to opening heart and focusing on choosing love over these other feelings.

The client noted that 'It's like I've awoken from the dead.'

She moved a lot more easily and noted that lots of pain in her body had gone.

The UTI had gone for the present.

Result/ How it was resolved

What was the result after treatments concluded? How was the complaint resolved?

In the client's words, "A lot of the sadness has gone and I am feeling happier." The UTI was gone at this stage.