



Lower back pain/bladder infection

26 y.o. Male

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The Person & Complaint

My client reported having had a bladder infection on and off for 6 months. He also reported having lower back pain and that it was impacting his work. He had changed jobs a few times since being in Sydney. He had just moved to Sydney (6 months ago) from the country and was struggling to feel settled. He had experienced some emotional trauma with his family.

The Story & Emotions

My client did not feel grounded so his base was congested. He was struggling with getting on the right path in and right direction in terms of his career direction. He was very confused. He was not relaxed and was not sleeping well. His heart was not relaxed.

He had also been involved in an Amway business opportunity that had not turned out well and as a result he was very "p' d" off with the company' s philosophy, annoyed with himself that he had participated in the programme for over a year and annoyed with his family and friends that they did not give him any guidance. He did not like the person he had become whilst participating in the Amway programme. He was also annoyed at the mentors he had from the Amway programme. He didn' t see them as honest people.

His parents had a 26 year marriage and his mother ended up leaving his father for another woman. He was annoyed at the lack of support from his parents once they had split. His mother' s attention was directed towards her new partner and his father became very depressed and self-indulgent after the separation. It was a very ugly divorce, which did not end well.

The Energetic System

The bladder and kidney meridians were affected through feeling p' d off with both parents, his current position and the issues perceived issues associated with his recent experience with Amway. The reoccurring urinary tract infection had affected yesod and the base as well as the kidneys and bladder organs.

Emotional blame and fear about being abandoned blocked netzach. Feeling unsupported by his friends and family had affected hod as well. He had not spoken about how he was feeling so hesed had been affected. He was feeling guilty about his behaviour and how he had treated others whilst with Amway. Guilt had an impact on hockmah and yesod. Yesod needed a lot of work as it was about relationships and there was a habitual fear that he was doing the wrong thing by others with Amway. As a result he was questioning how he was with everyone in his life. He was constantly worried that he wasn't doing the right thing by others.

Treatment – first session

In the first session I opened PC6 and TH5 to relax my client and we talked a lot about his story and how he felt. I explained what can happen with held emotions in the body and I spent the rest of the session on the Base and on Yesod. I did some strong resonance to the bladder-It felt hot and prickly. We talked about his pattern and held emotions in the body and what sort of impact this may have, I taught him the inner smile. He seemed much brighter.

Treatment – second session

My client was determined to make some positive changes to his life and reported that he had attempted the inner smile every day. In this session the objective was to try and address the reoccurring bladder infection. I worked on the base and the bladder organ and did some release work around being p'd off. I also opened St 28.

Treatment – third session

My client sent me a text during the week between appointments and reported some improvement. I started with resonance to the Base and Yesod again. Release work around his relationships with the people at Amway and various emotions associated with his family (feeling angry, feeling let down, feeling unloved). This was a very emotional session. The bladder channel felt much better at the conclusion of this session.

Treatment – fourth session

My client had reported a significant improvement in the bladder infection. I opened the Base and Yesod again and this time it was much easier. I worked on the kidneys and the Base in this session. We did some more release work around fear and not being successful in life and especially in Sydney. I also opened Binah and Base. Binah to Base. (Feeling grounded and heading in the right direction).

Treatment – fifth session

My client had been consistent with his meditation (he asked lots of questions) and had been thinking a lot about his situation. He felt quite angry with his parents, especially his Mum. He had not told his mum how he was feeling. We did some release work whilst I opened hesed. He felt angry with her for leaving him. I opened Netzach and hod and released blame and fear about being abandoned. He also released feeling unsupported, feeling disappointed, pissed off and dishonoured.

My client reported after this session that he had decided to speak with his mum and dad about how he was feeling. Opening the throat and expressing himself also helped the sacral area where he had been experiencing back pain.

Treatment – sixth session

My client arrived reported no back pain at all and he was feeling much happier in himself and the urinary tract infection had disappeared completely. He was sleeping much better and he had noticed that his relationships with others were going a lot more smoothly. He was still feeling guilty about Amway so we released guilt whilst opening yesod then hockmah. I also worked on his heart asking him to forgive himself, which was a huge release.

Result/ How it was resolved

My client has now changed jobs and career direction, he has reconnected with his mother and his father and has surrounded himself with a good bunch of friends. He is still meditating and I see him occasionally if he has a stiff neck or if he wants to talk more about deepening his meditation practice.