



Abdominal pain, bloating and cramps

35 y.o. Female

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The Person & Complaint

Female in her mid thirties, single, professional who came to me after surgery a hemicolectomy (removal of 20 centimetres of the ascending colon above the ileocaecal valve) she was having trouble with cramping and bloating. This was emergency surgery performed following stabbing pains in the abdomen. The surgeon removed a large mass that had collected around the perforated colon.

The Story & Emotions

The client had been receiving regular AcuEnergetics sessions from another practitioner for fatigue, depression and some gastric reflux. The client was working long hours, eating poorly and running on coffee and adrenaline. The client was ending a long distance relationship, but this was difficult and frustrating for her. Another practitioner (no longer practising) was treating the liver channel. The practitioner treated Liver 14, Spleen 16 and Spleen 14. The client was getting stabbing pain bilaterally, this pain cleared after the AcuEnergetics treatment. On the day of admission to hospital the client was getting stabbing pain from the hip to the upper abdomen. The medical team thought it was a ruptured appendix and told her to get in an ambulance and get to RPAH as soon as possible. An operation was performed, a hemicolectomy which also included the removal of the appendix.

The Energetic System

After returning from India in 2010, the client had a session with a practitioner that identified a parasite, but the suggested medical tests did not reveal any parasites. Later a different practitioner treated the client and was definitely moving the pain through the channels, at the time the client and practitioner felt the channels were fiery hot but the client got relief. Removing the pain may not remove the underlying problem. The doctors, without exploratory keyhole surgery, could not establish a cause for the symptoms and were surprised at the lack of pain given the mass had been growing for three to six months. The doctors tested the mass for the standard tests (Crohn' s,

cancer, and bowel disease) but no tests were done for the parasite, which were suggested by another AcuEnergetics practitioner. The client felt she had a parasite. AcuEnergetics seems to be able to remove pain which doctors use as a diagnostic tool. The client lost 10 kilos between “getting the parasite” and having the operation. The client also felt that she was not absorbing fats.

Treatment – first session

The client came and wanted a practitioner to sit on the back of her heart for a whole session, she had seen Kevin and said it was his suggestion. I did sit on Shen Tao, which was pretty blocked and there was not much movement. She said that the reason that she wanted someone to sit on the back of her heart was because she was not sleeping. She also mentioned that she had pain in the stomach and pain in the abdomen. She felt that the pain was contributing to the lack of sleep, she had not told Kevin about the abdominal pain. Not much else was communicated in that session. I grounded her and finished the session, saying I would follow up in a couple of days.

Treatment – second session

Two days after the first session the client said sleep was a little better, but she still had the pains in the abdomen. This session I treated Netzah to sex and Netzah to heart. The pains in the abdomen dropped significantly. She slept better for a week but the sleep problems returned as did the bloating. She thought the bloating might be to do with diet. She was angry with a situation at work and so I treated Kidney 1 to Liver 3.

Liver 3 was quite blocked and did not fully clear in this session. The client was regularly meditating and so I had no suggestions at this stage with the exception of making sure she was drinking enough water, not just fluids. She was drinking a large number of coffees a day and I suggested she try and replace some with water.

Treatment – third session

After the second session the client was a little more relaxed and the channels on the feet were a little clearer but Yesod and Netzah were pretty blocked again.

The client had sleep well for the first couple of days after the last session, but had not slept well after that, she was waking at 1-2 a.m. (Liver TCM clock), or at 3 a.m. (Lung time) or at 4 a.m. (Lung) or 5a.m (Large Intestine time) and not getting back to sleep. The soul rests in the eyes during the day and goes to the liver at night. I asked her if she was feeling angry or depressed? She had difficulty speaking. I treated liver to throat. She could then talk and talked of many things including that she had not slept well in two

years and she had had an operation to remove a large part of the ascending colon (the section of the colon that relates to the liver). That was the previous year. Somehow the story related to her grandmother and how at 12 she used to have cups of tea with her grandmother. My client felt that her grandmother did not love her, but tea and pills were a cool way to get attention. She had seen the doctor come and treat her grandmother and was impressed with his caring bedside manner. She thought that by being sick, a caring doctor would come and give personal attention and prescribe pills. To her mind this was a form of love.

One Thursday night at Acu we did the exercise where you descend into the park via steps and meet your inner child on a park bench overlooking the lake. Here the adult got to talk to the inner child and in this case it was about drugs and getting attention in a negative way (the client had had a drug problem previously). The operation was on the liver side of the colon and I tried to treat the liver directly I but had a weird sensation that it had a force field around the liver. The resonance was just bouncing off. I tried radiance with not much more luck. So I thought I would take a non-direct route in preparation for a liver flush, so I treated Liver 1 and Liver 2 to clear the channel. (Nowadays I think I would do K1, Liver 3 and GB 41). I scanned Netzah and Yesod and treated both. The session finished there. The client was a little difficult to ground and reported later that she slept well for the next 5 days.

Treatment – fourth session

I treated Liver 1 and Liver 3 in preparation for a liver flush. She did not feel present and so I treated central heel point and then Kidney 1s. Then did back of the heart. She had had advice from Kevin that to improved sleep she needed to get someone to sit on the back of her heart. But she had pain, that was not allowing her to sleep. She had also said that she had been told to get a liver flush too.

Treatment – fifth session

This session I treated Stomach 36 and the new stomach points from the AAAP day given by Kevin Farrow 2013 (see below). I did this because the client had an upset stomach on arrival.



The stomach points took quite a long time to clear: a full session was done with them and the client felt much better. The points on the thigh which probably relates to the liver were hot, congested and took the longest to clear.

Treatment – sixth session

Liver Flush was started this session. Previously the liver seemed to have a force field around it that did not let me in. This time I could start the liver flush. It was slow going and the liver felt like treacle, thick and slow. It was very heavy going. I completed the liver flush, but said to the client we may have to do this again shortly as it was still very congested. She was very difficult to ground and we walked around the park focusing on K1' s and then grounded her again. She finally felt grounded.

Treatment – seventh session

The Liver Flush continued as the liver was difficult to do and still felt quite congested at the end of the last session. The client felt quite sick after the last liver flush and took some days off work. The liver was much easier to do this time and I only had to do extra work close the bottom of the liver near the area of the operation. She was much easier to ground this time.

Treatment – eighth session

This session I treated the Heart to Netzach (the tarot card of Temperance) which goes through the liver. I asked her what she could not accept about herself? She said she was a professional woman and was happy with that, but somehow she longed to have a child, as a single woman she did not know how she was going to manage that and was not sure that it was her style to go and find a random man to have a baby. She knew of women that did this and expected the guy to pay out for the rest of their lives. She wanted a child but did not want to be that type of woman. At the end of the session she could not believe that she really wanted a child. The longing was there but she thought it was nothing serious.

This was a starting point for a big change, now it has been a number of months and she really changed how she has looks at herself. She was difficult to ground and I suggested that she do extra grounding for home work.

Treatment – ninth session

I checked in after the last session and she said she was slowly coming back to earth. Her belly was bloating again and I joked it might be a phantom pregnancy. I did some research and found a point that was used to treat the appendix, which is what the original operation was initially for. So in this session I treated the Lanweixue M-LE-13 the appendix point (page 584 in Deadman' s) for the session. It was tender to touch. It activates qi and blood and clears heat and fire poison from the large intestine. This gave some relief within ten minutes and further treating seemed to calm the abdominal area. It was by no means cleared by the end the session, but things felt very much more relaxed for the client. This point is shown as only been on the RIGHT of the body.

Treatment – tenth session

This session followed on quite quickly a few days after the last. As noted in Deadman' s the Appendix point is supposed to be only on the right side, but the client, by palpating the legs through the week, found it to be even more painful on the left leg. I said the point does not exist but decided to treat it anyhow. There were massive shifts in energy and it seemed to track up to the knee, cross to the liver meridian on the left side, up to Liver 11 and adjacent parts of the sacral area and then move at a 45 degree angle towards where the ascending colon was and then track to the bottom of the liver. This was where all the tissue was removed in the hemicolectomy operation. At one stage there was an intense amount of pain where the ascending colon was cut at the base of the liver in the operation. This cleared after 15 minutes and after that she felt more grounded and the session finished shortly after that. She was easy to ground.

Treatment – tenth session

I treated Netzach by itself as she relayed how she felt after the last session. After the last session she felt much had released especially on the right hand side of the abdomen, she had less heat in the abdominal cavity and a lot less bloating. She was more grounded and more relaxed mentally and clearer thinking.

Result/ How it was resolved

After these treatments she has started exercising and has had more had more energy. With clearer thinking came better outcomes with her social and work life.

Again this is one in a series of medically related cases. The pain was removed by AcuEnergetics which led to the symptoms not being obvious and therefore the need for the appendix operation. If the appendix is very inflamed it can lead to what TCM would call fire in the ascending colon. There is a point that acupuncture recognizes for this on the right leg. If this had been treated at the time would it have reduced the inflammation? The client recognized that there was a strong effect on the left hand side of the body and this cleared up a lot of the problems related to the hemicolectomy. It would be only one of a very few points that is on one side of the body that exist in acupuncture.

Again it seems if AcuEnergetics is done in critical circumstances the pain symptoms that have been experienced need to be conveyed to the doctors accurately to allow for proper diagnosis at the very minimum.